



Swimming NSW



Bronze Licence Course



Coaching Accreditation Course

Conducted by Swimming NSW in conjunction with SAL and ASCTA



Aims

To develop a candidate's competence in:

- i. Providing a safe environment in order to prepare the swimmer to compete successfully.
- ii. Providing positive direction by implementing; efficient organisation of training, administrative and risk management strategies within a squad/club environment.
- iii. Displaying effective communication skills in the broader swimming community.
- iv. Implementing programs that will cater for the short and long term development of a swimmer specific to the individual
- v. Applying the basic training principles to the development of a competitive swimmer.
- vi. More effectively identifying and applying corrective techniques to improve the stroke for competition involvement.
- vii. Applying self-management skills.

Course Outline

The Bronze License Swimming Coaching Course will of the topics listed below:

- Being an effective swimming coach
- Leadership and management
- Effective communication
- Risk management and legal issues
- Mental preparation
- Fitness and training
- Practice and competition drills
- Efficient stroke development

Assessment (Competency Based)

- Completed by a silver license swimming coach as approved by Swimming New South Wales.

Entry Pre-requisites

- All candidates must have completed the Green License Swimming, JSAC or SAT SC Coaching course.
- Candidates must have membership through a professional organisation that has a code of conduct for coaches and is affiliated to Swimming Australia. ASCTA (Australian Swimming Coaches and Teachers Association) is such an organisation.

Course References: Coaching Swimming: An Introductory Manual, Second Edition Richards, R., ASCTA, 2008

Qualification

To gain the Bronze Licence a candidate must:

1. Be 16 years as of the day of the course however must be 17 years of age to be accredited.
2. Attend all sessions of the course
3. Complete the required coaching and assessment tasks
4. Be a Premium member of ASCTA

Once the course enrolment form has been received, full details of the course, manual and address of venue will be forwarded to all applicants.



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Tax invoice

Candidate Details

First Name	_____	Last Name	_____
Address	_____	Suburb	_____ Postcode
Phone (H)	_____	Email	_____
(W)	_____	ASCTA No.	_____
(Mobile)	_____		

Please enclose a copy of either your Swim Australia Teacher of Competitive Strokes Coach Accreditation or Recognition of Current Competency

2012 Course Dates

<input type="checkbox"/>	Saturday 24 th & Sunday 25 th March 2012
<input type="checkbox"/>	100 Maitland Street, Hackett

Course Fee \$410 (Includes Coaching Book, CD of Course & Assessment Book)
(Accreditation for 4 years with NCAS & Insurance)

Payment

<input type="checkbox"/>	Cheque / Money Order (payable to Swimming NSW)																
<input type="checkbox"/>	Credit Card - MasterCard, or Visa (Please circle type of card)																
Card Number																	
Expiry Date					M	M	Y	Y									
Cardholders name:	_____							Cardholders signature:	_____								

Please note: The course fee does not include any pool entry or parking fees required by the venue. Lunch is not provided

Conditions of registration:

- Courses may be deferred or cancelled at the discretion of Swimming New South Wales. Credit will be given to enrolled candidates in this case
- Minimum enrolments for each course must be reached for course to go ahead
- A \$25 administration fee will apply if you withdraw from the course after payment
- Course fees must be received at the same time as registration to the course. No registration's will be accepted on the day of the Course
- Accreditation courses are limited to 60 participants (Sydney) and 30 participants (outside of Sydney)

Office Use Only:	Receipt No	Payment Total	Date Processed	Date Receipt Sent
		\$	/ /	/ /

Swimming NSW

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