

Time Trials August 2018

**Sunday 19 August at the AIS Pool
following the Distance Meet
Start expected to be around 4:30pm**



Swimming ACT will be conducting time trials following the distance meet on Sunday 19 August 2018 for swimmers attempting to gain NSW State 10 & under to 12 years short course championship qualifying times.

Swimmers may enter any event that they are not eligible to enter at the development meet or for which they have a time faster than the NSW State 10 & under to 12 years short course qualifying time set prior to 1 June 2017.

Swimmers who are seeking qualifying times for the 200m form strokes (backstroke, breaststroke or butterfly), 400m IM or 400m or 800m freestyle should enter these events in the distance meet being held prior to these time trials.

Normal pool entry applies.

All swimmers are expected to be supported by a person who is able to assist with the running of the time trials (as a timekeeper or other technical official).

Cost per entry: \$5

Maximum entries: 3

Online entries. Link on the Swimming ACT website.

Entries close at 8:00pm on Friday 17 August 2018.

A start list will be posted on the Swimming ACT website following the close of entries on Friday 17 August.

Please check the Swimming ACT website (www.swimmingact.com.au) for updates.

Enquiries to Lorraine Wuth at lwuth@hups.net or phone (02) 6231 0017.

Order of events

Block 1:

Event

- | | |
|----|------------------------|
| 1 | 12 & under 50m free |
| 2 | 11 & under 50m back |
| 3 | 11 & under 50m breast |
| 4 | 11 & under 50m fly |
| 5 | 12 & under 100m free |
| 6 | 12 & under 100m back |
| 7 | 12 & under 100m breast |
| 8 | 12 & under 100m fly |
| 9 | 12 & under 200m free |
| 10 | 12 & under 200m IM |

Block 2:

Event

- | | |
|----|------------------------|
| 11 | 12 & under 50m free |
| 12 | 11 & under 50m back |
| 13 | 11 & under 50m breast |
| 14 | 11 & under 50m fly |
| 15 | 12 & under 100m free |
| 16 | 12 & under 100m back |
| 17 | 12 & under 100m breast |
| 18 | 12 & under 100m fly |
| 19 | 12 & under 200m free |
| 20 | 12 & under 200m IM |