



swimming
act

2018-19 SUMMER DEVELOPMENT SERIES

MEET # 4 HOSTED BY
QUEANBEYAN LEAGUES

SUNDAY MARCH 17, 2019 – AIS POOL

Indoor 50m Pool – Warm up – 9:30am – Start 10.15am

Full Automatic Timing

See Swimming ACT's web site at www.swimmingact.com.au for meet information

ENTRIES

- **\$5.00** per event
- Age as at 17 March 2019
- **Entries** close 10:00pm Tuesday 12 March 2019
- Online entries for swimming club members. Link on the Swimming ACT website (www.swimmingact.com.au)
- Visitors welcome
- Swimmers who are not members of a swimming club are welcome to attend this meet. Email lwuth@hups.net for entry details.

SWIMMING ACT SUMMER SERIES EVENTS

- Full rules are on the Swimming ACT web site: www.swimmingact.com.au.
- 200m events are restricted to swimmers aged 9 and over
- Swimmers may only enter events in which they have **NEVER** achieved the Break Time (BT) indicated in the program of events in a long course swim
- You can enter a maximum of **5** events.
- For a break time of 30.00, your entry time must be 30.01 or more.
- Entry time must be the swimmer's best long course time for that event ever achieved.

25M EVENTS

- A swimmer may only enter a **25m event** if they have never swum a longer distance in that stroke at any meet (including club nights and school meets) where the time achieved has been recorded as an official time. Any swimmer entering a 25m event cannot enter a longer distance in that stroke at this meet.
- Multi-class swimmers may enter 25m events regardless of age or other restrictions.

NEW SWIMMERS

New swimmers age 10 and under can only enter 25m events until they have achieved a time faster than 30.00 seconds for a given stroke. Once they have achieved a time faster than 30.00 seconds for the 25m of a given stroke they are permitted to enter the 50m event for that stroke.

A new swimmer is a swimmer who does not have an officially recognised time (long course or short course) at the 50m distance for a given stroke.

AWARDS

Awards for the 1st, 2nd and 3rd boy and girl in all events for 8 & Under, 9, 10, 11, 12 and 13 & over for both Development and Intermediate divisions.

Swimming NSW rules apply. Swimming ACT approved.

| EVENT | PROGRAM | | PROGRAM | | TIMES |
|-------|---------|-------------------|---------|------------|---------|
| | | | Age | BREAK Boys | |
| 1 | 25m | Freestyle | 10 & U | N/A | N/A |
| 2 | 50m | Freestyle | 9 & U | N/A | N/A |
| 4 | | | 10 | 38.00 | 38.50 |
| | | | 11 | 36.50 | 36.50 |
| 6 | | | 12 | 34.50 | 35.00 |
| | | | 13 & O | 32.00 | 33.50 |
| 8 | 100m | Butterfly | 9 & U | N/A | N/A |
| | | | 10 | 1:39.00 | 1:39.00 |
| | | | 11 | 1:30.00 | 1:30.00 |
| | | | 12 | 1:24.00 | 1:25.50 |
| | | | 13 & O | 1:17.50 | 1:21.50 |
| 10 | 25m | Backstroke | 10 & U | N/A | N/A |
| 11 | 50m | Backstroke | 9 & U | N/A | N/A |
| 13 | | | 10 | 42.50 | 43.50 |
| | | | 11 | 40.50 | 40.50 |
| 15 | | | 12 | 38.50 | 38.50 |
| | | | 13 & O | 33.60 | 36.30 |
| 17 | 100m | Breaststroke | 9 & U | N/A | N/A |
| | | | 10 | 1:50.00 | 1:51.00 |
| 19 | | | 11 | 1:44.50 | 1:45.00 |
| | | | 12 | 1:38.00 | 1:38.50 |
| | | | 13 & O | 1:32.50 | 1:35.50 |
| 21 | 200m | Individual Medley | 9 | N/A | N/A |
| | | | 10 | 3:24.50 | 3:25.50 |
| | | | 11 | 3:14.00 | 3:14.00 |
| | | | 12 | 3:04.50 | 3:05.00 |
| | | | 13 & O | 2:51.50 | 2:59.50 |
| 23 | 25m | Breaststroke | 10 & U | N/A | N/A |
| 24 | 50m | Breaststroke | 9 & U | N/A | N/A |
| 26 | | | 10 | 49.50 | 50.00 |
| | | | 11 | 47.00 | 46.00 |
| 28 | | | 12 | 44.00 | 44.50 |
| | | | 13 & O | 36.90 | 41.80 |
| 30 | 100m | Freestyle | 9 & U | N/A | N/A |
| | | | 10 | 1:22.50 | 1:23.50 |
| 32 | | | 11 | 1:17.50 | 1:18.50 |
| | | | 12 | 1:13.00 | 1:14.50 |
| | | | 13 & O | 1:09.50 | 1:12.00 |
| 34 | 25m | Butterfly | 10 & U | N/A | N/A |
| 35 | 50m | Butterfly | 9 & U | N/A | N/A |
| 37 | | | 10 | 44.00 | 44.50 |
| | | | 11 | 40.50 | 40.50 |
| 39 | | | 12 | 38.00 | 38.50 |
| | | | 13 & O | 30.60 | 34.10 |
| 41 | 100m | Backstroke | 9 & U | N/A | N/A |
| | | | 10 | 1:35.00 | 1:36.50 |
| 43 | | | 11 | 1:30.00 | 1:30.00 |
| | | | 12 | 1:26.00 | 1:26.00 |
| | | | 13 & O | 1:20.50 | 1:22.50 |
| 45 | 200m | Freestyle | 9 | N/A | N/A |
| | | | 10 | 3:04.00 | 3:04.00 |
| | | | 11 | 2:49.00 | 2:50.50 |
| | | | 12 | 2:40.50 | 2:43.00 |
| | | | 13 & O | 2:32.00 | 2:36.00 |

Note: All events, except the 25m events, will be swum by division (Development or Intermediate) based on the entry time of the swimmer.

All events will be timed finals and are mixed events.

Enquiries to Lorraine Wuth - email lwuth@hups.net

Version: 15 January 2019

There will be a briefing session for swimmers new to swimming competitions prior to warm up. This session is open to any youngster (and their parents) who is unfamiliar with what to do at a swimming carnival. Participants will be guided through what to do prior to their race as well as having an opportunity to practice racing.

The information session will run from 8:30am to 9:30am.

Please send an email to Lorraine at lwuth@hups.net if you and your youngster intend to come to this information session and include the youngsters name and age. This will help with organising the session.