



2016-17 SUMMER DEVELOPMENT SERIES

**MEET # 4 HOSTED BY
QUEANBEYAN**

SUNDAY MARCH 19, 2017 – AIS POOL,

Indoor 50m Pool – Warm up – 8.15am – Start 9.00am

Full Automatic Timing

See Swimming ACT's web site at www.swimmingact.com.au for meet information

ENTRIES

- **\$5.00** per event
- Age as at 19 March 2017
- **Entries** close 10:00pm Tuesday 14 March 2017
- Online entries for swimming club members. Link on the Swimming ACT website (www.swimmingact.com.au)
- Visitors welcome
- Swimmers who are not members of a swimming club are welcome to attend this meet. Email lwuth@hups.net for entry details.

SWIMMING ACT SUMMER SERIES EVENTS

- Full rules are on the Swimming ACT web site: www.swimmingact.com.au.
- 200m events are restricted to swimmers aged 9 and over
- Swimmers may only enter events in which they have **NEVER** achieved the Break Time (BT) indicated in the program of events in a long course swim.
- A swimmer may only enter a **25m event** if they have never swum a longer distance in that stroke at any meet (including club nights and school meets) where the time achieved has been recorded as an official time. Any swimmer entering a 25m event cannot enter a longer distance in that stroke at this meet.
- Multi-class swimmers may enter 25m events regardless of age or other restrictions.
- You can enter a maximum of **4 events** ← Please note only 4 for this meet.
- For a break time of 30.00, your entry time must be 30.01 or more.
- **Entry time must be the swimmer's best long course time for that event ever achieved.**

AWARDS

Awards for the 1st, 2nd and 3rd boy and girl in all events for 8 & Under, 9, 10, 11, 12 and 13 & over for both Development and Intermediate divisions.

Swimming NSW rules apply. Swimming ACT approved.

All events will be timed finals.

Enquiries to Lorraine Wuth on 02 62310017 or email lwuth@hups.net

All events are mixed events

EVENT	PROGRAM			BREAK TIMES	
	Age	Boys	Girls		
1	25m	Freestyle	10 & U	N/A	N/A
2	50m	Freestyle	9 & U	N/A	N/A
			10	38.00	38.50
			11	36.50	36.50
			12	34.50	35.00
8	100m	Butterfly	13 & O	32.00	33.50
			9 & U	N/A	N/A
			10	1:39.00	1:39.00
			11	1:30.00	1:30.00
			12	1:24.00	1:25.50
			13 & O	1:17.50	1:21.50
			10 & U	N/A	N/A
			9 & U	N/A	N/A
10	25m	Backstroke	10	42.00	42.00
			11	40.00	40.00
			12	38.50	38.50
			13 & O	36.00	37.00
11	50m	Backstroke	9 & U	N/A	N/A
			10	1:50.00	1:51.00
			11	1:44.50	1:45.00
			12	1:38.00	1:38.50
17	100m	Breaststroke	13 & O	1:32.50	1:35.50
			9 & U	N/A	N/A
			10	3:24.50	3:25.50
			11	3:14.00	3:14.00
21	200m	Individual Medley	12	3:04.50	3:05.00
			13 & O	2:51.50	2:59.50
			10 & U	N/A	N/A
			9 & U	N/A	N/A
23	25m	Butterfly	10	40.50	40.50
			11	38.00	38.00
			12	38.00	38.00
			13 & O	32.00	34.50
24	50m	Butterfly	9 & U	N/A	N/A
			10	1:22.50	1:23.50
			11	1:17.50	1:18.50
			12	1:13.00	1:14.50
30	100m	Freestyle	13 & O	1:09.50	1:12.00
			9 & U	N/A	N/A
			10	48.00	48.00
			11	46.00	46.00
34	25m	Breaststroke	12	44.00	44.50
			13 & O	38.50	42.00
			9 & U	N/A	N/A
			10 & U	N/A	N/A
35	50m	Breaststroke	9 & U	N/A	N/A
			10	48.00	48.00
			11	46.00	46.00
			12	44.00	44.50
41	100m	Backstroke	13 & O	1:20.50	1:22.50
			9 & U	N/A	N/A
			10	1:35.00	1:36.50
			11	1:30.00	1:30.00
			12	1:26.00	1:26.00
			13 & O	1:20.50	1:22.50
			9	N/A	N/A
			10	3:01.50	3:04.00
45	200m	Freestyle	11	2:49.00	2:50.50
			12	2:40.50	2:43.00
			13 & O	2:32.00	2:36.00
			9	N/A	N/A

Note: All events, except the 25m events, will be swum by division (Development or Intermediate) based on the swimmers entry time