

OPEN WATER MARATHON SERIES



TELOPEA SWIM CLUB OPEN WATER MEET

NSW Swimming will be taking entries from this meet as the last qualifying meet for Australian Open Water Championships

- DATE:** Saturday 7 February 2009
- VENUE:** Westlake, Lake Burley Griffin
Alexandrina Drive, Yarralumla, ACT
- START TIME:** Briefing at 10:10am, 10.30am Start, 2.5k 10.40 start.
- DISTANCE:** 2.5km, 5km, swim through for 10km
- ENTRIES:** Close on Friday 30 January 2009 on Swimming NSW Open Water Entry Cards or Telopea Open Water Entry Forms from www.nswswimming.com.au or www.swimmmingact.com.au
Entries, Declarations and monies payable to Telopea Swim Club and forwarded to:
The Secretary
PO Box 169
Curtin ACT 2605
- PRE ENTRY FEE:** \$15 for 2.5km, \$30 for 5km, \$35 for 10km
- LATE ENTRIES:** Close Saturday 7 February 2009 at 9.45
- LATE ENTRY FEE:** All above distances will incur an additional \$5 charge
- REGISTRATION:** From 8:30 am – 9.30am
- NOTE:** All competitors **must** be registered with Swimming NSW
- Minimum age for 5km is 12yrs (turning 13 Australian Age)
 - Minimum age for 10km is 13yrs (turning 14 for Australian Age)
 - Age as at 07/02/09
 - A thirty minute time limit will be imposed on all swimmers still on the course after the first 10 km competitor has finished, any swimmer not yet into the final lap may be removed from the course at the discretion of the Referee.
 - This swim will be run under SNSW Open Water Swimming Rules.
 - Swimmers with a disability must have own support craft and personnel (not to be a swimmer in the Water).
- INFORMATION:** Further information can be obtained by contacting:-
Maria Traficante on 0407 245 782.
Email: pmtraficante@bigpond.com