

**NSW SHORT COURSE DEVELOPMENT MEET
SYDNEY OLYMPIC PARK AQUATIC CENTRE
SUNDAY 4 OCTOBER, 2009**

Warm Up 8.00am			Start 9.00 am	
Boys	Girls	Age	Distance	Stroke
1	2	13 years & over	100m	Individual Medley
3	4	11/12 years	100m	Individual Medley
5	6	14years & over	50m	Backstroke
7	8	13years	50m	Backstroke
9	10	12years	50m	Backstroke
11	12	11years	50m	Backstroke
13	14	9/10years	50m	Backstroke
15	16	14years & over	50m	Freestyle
17	18	13years	50m	Freestyle
19	20	12years	50m	Freestyle
21	22	11years	50m	Freestyle
23	24	9/10years	50m	Freestyle
Mixed 25		14years & over	4x50m	Freestyle Relay
Mixed 26		12 &13 years	4x50m	Freestyle Relay
Mixed 27		11 years & under	4 x 50m	Freestyle Relay
29	30	14years & over	50m	Breaststroke
31	32	13years	50m	Breaststroke
33	34	12years	50m	Breaststroke
35	36	11 years	50m	Breaststroke
37	38	9/10years	50m	Breaststroke
39	40	14years & over	50m	Butterfly
41	42	13 years	50m	Butterfly
43	44	12 years	50m	Butterfly
45	46	11 years	50m	Butterfly
47	48	9/10Years	50m	Butterfly

**AGE AS AT 4 OCTOBER, 2009
ENTRIES CLOSE MONDAY 21 SEPTEMBER, 2009
NO ENTRY FEE**

CONDITIONS OF ENTRY

1. Meet conducted under the rules of Swimming New South Wales Ltd.
2. Meet restricted to Area Development 'D' Squad members with entries forwarded to Swimming New South Wales by the Area Development Squad Coordinator on NSW multi-entry cards accompanied by summary sheets.
3. Age as at 4th October, 2009
4. Individual Entries: A maximum of 200 Entries for existing areas & 400 Entries for newly formed areas.
Relay Entries: A maximum of two teams per age group for existing areas & four teams per age group for newly formed areas. Mixed Relays – at least one member of either sex.
5. Entries close 5pm on Monday 21st September, 2009 (no entry fee). NO LATE ENTRIES OR INDIVIDUAL ENTRIES WILL BE ACCEPTED. Entries must be forwarded to Swimming New South Wales.