

OPEN WATER MARATHON SERIES



TELOPEA SWIM CLUB OPEN WATER MEET

- DATE:** Sunday 15 November 2009
- VENUE:** Westlake, Lake Burley Griffin
Alexandrina Drive, Yarralumla, ACT
- START TIME:** Briefing at 10:00am, 10.30am Start
- DISTANCE:** 2.5km, 5km, swim through for 10km
- ENTRIES:** Close on Friday 30 October 2009 on Telopea Open Water Entry Forms or Swimming NSW Open Water Entry Cards from www.nswswimming.com.au.
Entries, Declarations and monies payable to Telopea Swim Club and forwarded to:
The Secretary
PO Box 169
Curtin ACT 2605
- PRE ENTRY FEE:** \$15 for 2.5km, \$30 for 5km, \$35 for 10km
- LATE ENTRIES:** Close Sunday 15 November 2009 at 9.30am
- LATE ENTRY FEE:** All above distances will incur an additional \$5 charge
- REGISTRATION:** From 8:30 am – 9.30am
- NOTE:** All competitors **must** be registered with Swimming NSW.
- Minimum age for 5km is 12yrs (turning 13 for State/Nationals) .
 - Minimum age for 10km is 14yrs (turning 14 for State/Nationals).
 - Age as at 15/11/2009.
 - A thirty minute time limit will be imposed on all swimmers still on the course after the first 10 km competitor has finished, any swimmer not yet into the final lap may be removed from the course at the discretion of the Referee.
 - This swim will be run under SNSW Open Water Swimming Rules.
 - Swimmers with a disability must have own support craft and personnel (not to be a swimmer in the Water).
- INFORMATION:** Further information can be obtained by contacting:-
Maria Traficante on 0434 441539.Email: traficantefamily@internode.on.net