



swimming
act

2018-19 SUMMER DEVELOPMENT SERIES

MEET # 1 HOSTED BY

GINNINDERRA SWIM CLUB

**SUNDAY 30 SEPTEMBER 2018 – CISAC POOL,
EASTERN VALLEY WAY, BRUCE**

Indoor 50m Pool – Warm up – 8.30am – Start 9.15am

Full Automatic Timing

See Swimming ACT's web site at www.swimmingact.com.au for meet information

ENTRIES

- **\$5.00** per event
- Age as at 30 September 2018
- **Entries** close 10:00pm Tuesday 25 September 2018
- Online entries for swimming club members. Link on the Swimming ACT website (www.swimmingact.com.au)
- Visitors welcome
- Swimmers who are not members of a swimming club are welcome to attend this meet. Email lwuth@hups.net for entry details.

SWIMMING ACT SUMMER SERIES EVENTS

- Full rules are on the Swimming ACT web site: www.swimmingact.com.au
- 200m events are restricted to swimmers aged 9 and over
- Swimmers may only enter events in which they have **NEVER** achieved the Break Time (BT) indicated in the program of events in a long course swim (except for swimmers aged 10 and over who may enter an event as an exhibition swimmer if they have not qualified for the 2019 ACT Championships for that event and there is no alternative Qualifying Meet available at which they could enter the event prior to the ACT Championships. Such swims shall not attract Series Points.)
- You can enter a maximum of **5** events.
- For a break time of 30.00, your entry time must be 30.01 or more.
- Entry time must be the swimmer's best long course time for that event ever achieved.

25M EVENTS

- A swimmer may only enter a **25m event** if they have never swum a longer distance in that stroke at any meet (including club nights and school meets) where the time achieved has been recorded as an official time. Any swimmer entering a 25m event cannot enter a longer distance in that stroke at this meet.
- Multi-class swimmers may enter 25m events regardless of age or other restrictions.

NEW SWIMMERS

New swimmers age 10 and under can only enter 25m events until they have achieved a time faster than 30.00 seconds for a given stroke. Once they have achieved a time faster than 30.00 seconds for the 25m of a given stroke they are permitted to enter the 50m event for that stroke.

A new swimmer is a swimmer who does not have an officially recognised time (long course or short course) at the 50m distance for a given stroke.

AWARDS

Awards for the 1st, 2nd and 3rd boy and girl in all events for 8 & under, 9, 10, 11, 12 and 13 & over for both Development and Intermediate divisions.

Swimming NSW rules apply. Swimming ACT approved.

Enquiries to Lorraine Wuth on 0411 156 285 or email lwuth@hups.net

All events are mixed events

PROGRAM

EVENT	Age	BREAK	TIMES	
			Boys	Girls
1 200m Freestyle	9	N/A	N/A	N/A
	10	3:04.00	3:04.00	
	11	2:49.00	2:50.50	
	12	2:40.50	2:43.00	
3 25m Butterfly	13 & O	2:32.00	2:36.00	
	10 & U	N/A	N/A	
	9 & U	N/A	N/A	
	6	44.00	44.50	
4 50m Butterfly	11	40.50	40.50	
	8	38.00	38.50	
10 100m Backstroke	13 & O	30.60	34.10	
	9 & U	N/A	N/A	
	10	1:35.00	1:36.50	
	12	1:30.00	1:30.00	
14 25m Freestyle	12	1:26.00	1:26.00	
	13 & O	1:20.50	1:22.50	
	10 & U	N/A	N/A	
	15 50m Freestyle	9 & U	N/A	N/A
17 100m Butterfly	10	38.00	38.50	
	11	36.50	36.50	
	12	34.50	35.00	
	13 & O	32.00	33.50	
21 200m Individual Medley	9 & U	N/A	N/A	
	10	1:39.00	1:39.00	
	11	1:30.00	1:30.00	
	12	1:24.00	1:25.50	
23 25m Breaststroke	13 & O	1:17.50	1:21.50	
	9	N/A	N/A	
	10	3:24.50	3:25.50	
	11	3:14.00	3:14.00	
26 50m Breaststroke	12	3:04.50	3:05.00	
	13 & O	2:51.50	2:59.50	
	10 & U	N/A	N/A	
	28 100m Freestyle	9 & U	N/A	N/A
30 200m Freestyle	10	49.50	50.00	
	11	47.00	46.00	
	12	44.00	44.50	
	13 & O	36.90	41.80	
32 25m Backstroke	9 & U	N/A	N/A	
	10	1:22.50	1:23.50	
	11	1:17.50	1:18.50	
	12	1:13.00	1:14.50	
34 50m Backstroke	13 & O	1:09.50	1:12.00	
	10 & U	N/A	N/A	
	9 & U	N/A	N/A	
	39 100m Breaststroke	10	42.50	43.50
41 200m Breaststroke	11	40.50	40.50	
	12	38.50	38.50	
	13 & O	33.60	36.30	
	43 25m Backstroke	9 & U	N/A	N/A
45 50m Backstroke	10	1:50.00	1:51.00	
	11	1:44.50	1:45.00	
	12	1:38.00	1:38.50	
	13 & O	1:32.50	1:35.50	

Note: All events, except the 25m events, will be swum by division (Development or Intermediate) based on the swimmers entry time

All events will be timed finals.