



Swimming ACT presents a Pentathlon hosted by Canberra Amateur Swimming Club

Sunday 3 September 2017

Gungahlin Leisure Centre

71 The Valley Avenue, Gungahlin ACT 2912

Long Course Meet with Semi-Automatic Timing

Warm-up 8.30am Start 9.30am

Event Number Men	Event Number Women	Event	Age at: 3 September 2017 Entry fee: \$30.00 per competitor	
1	2	8 yrs & U 50m Freestyle	Conditions of Entry: 1. The entry fee includes all individual events. 2. There is no qualifying or break times for this meet. Swimmers will be seeded using their fastest approved long course qualifying time for each event. Where a swimmer does not have an approved long course time they will be seeded as NT (No Time). 3. Online Entries only via the Club website (www.canberra.swimming.org.au) and the Swimming ACT website (www.swimmingact.com.au). 4. Late entries will NOT be accepted for this meet. 5. Refunds will be given only if a swimmer withdraws prior to the closing date for entries and only if requested by email prior to the closing date to raceseecretary@canberra.org.au . 6. Entries close midnight Friday 25 August 2017. 7. The Meet Director may stop accepting entries prior to the advertised closing date if the number of entries exceeds timeline requirements or venue capacity is reached. 8. Meet is approved by Swimming ACT and will be conducted under the rules of SNSW. 9. The Meet Director reserves the right to alter the program as necessary. 10. Gungahlin Leisure Centre entry fees apply to swimmers and spectators. 11. Lanes will be allocated to Clubs for timekeeping. 12. Nominations of visiting officials (free entry, lunch and refreshments provided) can be made by email to atscc@bigpond.com	
3	4	9-10 yrs 50m Freestyle		
5	6	11-12 yrs 50m Freestyle		
7	8	13-14 yrs 50m Freestyle		
9	10	15 yrs & O 50m Freestyle		
11	12	8 yrs & U 50m Breaststroke		
13	14	9-10 yrs 50m Breaststroke		
15	16	11-12 yrs 50m Breaststroke		
17	18	13-14 yrs 50m Breaststroke		
19	20	15 yrs & O 50m Breaststroke		
21	22	8 yrs & U 50m Butterfly		
23	24	9-10 yrs 50m Butterfly		
25	26	11-12 yrs 50m Butterfly		
27	28	13-14 yrs 50m Butterfly		
29	30	15 yrs & O 50m Butterfly		
31	32	8 yrs & U 50m Backstroke		
33	34	9-10 yrs 50m Backstroke		
35	36	11-12 yrs 50m Backstroke		
37	38	13-14 yrs 50m Backstroke		
39	40	15 yrs & O 50m Backstroke		
41	42	9-10 yrs 200m IM		Awards: 13. This meet is a Pentathlon. Medals will not be awarded for individual events but to swimmers who perform best over the five races of the meet (four races for 8 years and under). The times for all races for each swimmer will be added together. The swimmers with the lowest aggregate times will be the winners. Any swimmer who is disqualified in an event will not be eligible for a medal. 14. Medals will be awarded to the 1st, 2nd and 3rd male place getters and 1st, 2nd and 3rd place female place getters (based on their aggregate times) in each of the following age groups: 8 and under, 9, 10, 11, 12, 13, 14, 15 and over. 15. All swimmers 8 years and under will receive a certificate of participation and a gift.
43	44	11-12 yrs 200m IM		
45	46	13-14 yrs 200m IM		
47	48	15 yrs & O 200m IM		

Enquiries: raceseecretary@canberra.org.au