

2018 ACT Winter Distance Series



Sunday 1 July 2018

AIS Swimming Hall, Bruce ACT

Warm up: in the non competition end of the pool throughout the development meet
 First Event: Following the development meet. The expected start time will be notified to participants on Friday 29 June.

| Event # | Event | Qualifying Time | Alternate Distance Qualifying Time |
|----------|-------------------------------------|-----------------|------------------------------------|
| 60 | BLOCK 1: 9 & over 200m Breaststroke | See below | |
| 61 | BLOCK 1: 9 & over 200m Butterfly | See below | |
| 62 | BLOCK 1: 9 & over 200m Backstroke | See below | |
| 63 & 63A | 11 & over 800m Freestyle | 11:42.00 | 5:55.00 for 400m |
| 64 & 64A | 13 & over 1500m Freestyle | 20:36.00 | 11:42.00 for 800m |
| 65 & 65A | 11 & over 400m Individual Medley | 6:26.50 | 3:23.50 for 200m |
| 66 & 66A | 9 & over 400m Freestyle | 5:55.00 | 3:17.00 for 200m |
| 67 | BLOCK 2: 9 & over 200m Breaststroke | See below | |
| 68 | BLOCK 2: 9 & over 200m Butterfly | See below | |
| 69 | BLOCK 2: 9 & over 200m Backstroke | See below | |

Age as at 1 July 2018

Entries close 10:00pm on Tuesday 26 June 2018

Entries: Online entries (see notes below).

\$7.00 per event.

Entry times can be long course or short course times.

Swimmers are limited to two events.

Swimmers should only enter one event per 200m form stroke block as heats may be combined.

NOTE 200m events: 100m times are being used as the qualifying times to enter the 200m events. The following qualifying times apply:

| Girls | 13 & O | 12 | 11 | 10 | 9 |
|--------------|---------|---------|---------|---------|---------|
| Backstroke | 1:26.50 | 1:29.50 | 1:35.50 | 1:42.50 | 1:48.00 |
| Breaststroke | 1:41.00 | 1:43.00 | 1:49.00 | 1:57.50 | 2:03.00 |
| Butterfly | 1:27.00 | 1:29.50 | 1:37.00 | 1:47.00 | 1:50.00 |
| Boys | 13 & O | 12 | 11 | 10 | 9 |
| Backstroke | 1:24.00 | 1:29.00 | 1:35.00 | 1:41.00 | 1:48.00 |
| Breaststroke | 1:36.00 | 1:42.00 | 1:50.50 | 1:57.50 | 2:06.50 |
| Butterfly | 1:23.00 | 1:29.50 | 1:37.00 | 1:45.00 | 1:55.00 |

Each swimmer must provide at least 1 official (i.e. lap turning/timekeeper) where their parent/s is not already officiating at the meet.

There will be four meets in the 2018 ACT Winter Distance Series - all at the AIS:
 Meet 1: Sunday 6 May
 Meet 2: Sunday 3 June
 Meet 3: Sunday 1 July
 Meet 4: Sunday 19 August

The distance meets will be swum following each of the Winter Development Series Meets.

NOTE Events 63 to 66: These events appear twice in the online entry system. Firstly as the actual event with the associated qualifying time, then as the event number followed by an A where the swimmer is entering using the alternate distance qualifying time. For example, 63A 11 & over 400m freestyle is actually the 800m freestyle entered using the 400m qualifying time of 5:55.00. Similarly, 64A 13 & over 800m freestyle is the 1500m event entered using the 800m qualifying time of 11:42.00. Please ensure that you enter the correct event for the distance you intend to swim i.e. if you intend to swim the 800m freestyle you need to enter either event 63 or 63A.

Normal pool entry applies to swimmers and spectators.
 Swimming ACT approved. Swimming NSW rules apply.
 Enquiries: Lorraine Wuth email lwuth@hups.net



The ACT Government assists Swimming ACT through Sport and Recreation Services