

2017 ACT Winter Distance Series



Sunday 4 June 2017

AIS Swimming Hall, Bruce ACT

Warm up: in the non competition end of the pool throughout the development meet

First Event: Following the development meet. The start time will be posted on the Swimming ACT website and notified to clubs on Thursday 1 June.

Event #	Event	Qualifying Time	Alternate Distance Qualifying Time
51	BLOCK 1: 9 & over 200m Backstroke	See below	
52	BLOCK 1: 9 & over 200m Breaststroke	See below	
53	BLOCK 1: 9 & over 200m Butterfly	See below	
54 & 54A	9 & over 400m Freestyle	5:55.00	3:17.00 for 200m
55 & 55A	11 & over 800m Freestyle	11:42.00	5:55.00 for 400m
56 & 56A	13 & over 1500m Freestyle	20:36.00	11:42.00 for 800m
57 & 57A	11 & over 400m Individual Medley	6:26.50	3:23.50 for 200m
58	BLOCK 2: 9 & over 200m Backstroke	See below	
59	BLOCK 2: 9 & over 200m Breaststroke	See below	
60	BLOCK 2: 9 & over 200m Butterfly	See below	

Age as at 4 June 2017

Entries close 10:00pm on Monday 29 May 2017

Entries: Online entries (see notes below).

\$6.00 per event.

Entry times can be long course or short course times.

Swimmers are limited to two events.

Swimmers should only enter one event per 200m form stroke block as heats may be combined.

NOTE 200m events: 100m times are being used as the qualifying times to enter the 200m events. The following qualifying times apply:

Girls	13 & O	12	11	10	9
Backstroke	1:26.50	1:29.50	1:35.50	1:42.50	1:48.00
Breaststroke	1:41.00	1:43.00	1:49.00	1:59.00	2:03.00
Butterfly	1:27.00	1:29.50	1:37.00	1:47.00	1:50.00
Boys	13 & O	12	11	10	9
Backstroke	1:24.00	1:29.00	1:35.50	1:41.00	1:48.00
Breaststroke	1:36.00	1:42.00	1:50.50	1:59.00	2:06.50
Butterfly	1:23.00	1:29.50	1:37.00	1:45.00	1:55.00

Each swimmer must provide at least 1 official (i.e. lap turning/timekeeper) where their parent/s is not already officiating at the meet.

There will be four meets in the 2017 ACT Winter Distance Series - all at the AIS:
 Meet 1: Sunday 30 April
 Meet 2: Sunday 4 June
 Meet 3: Sunday 23 July
 Meet 4: Sunday 20 August

The distance meets will be swum following each of the Winter Development Series Meets.

NOTE Events 54 to 57: These events appear twice in the online entry system. Firstly as the actual event with the associated qualifying time, then as the event number followed by an A where the swimmer is entering using the alternate distance qualifying time. For example, 55A 11 & over 400m freestyle is actually the 800m freestyle entered using the 400m qualifying time of 5:55.00. Similarly, 56A 13 & over 800m freestyle is the 1500m event entered using the 800m qualifying time of 11:42.00. Please ensure that you enter the correct event for the distance you intend to swim i.e. if you intend to swim the 800m freestyle you need to enter either event 55 or 55A.

Normal pool entry applies to swimmers and spectators.

Swimming ACT approved. Swimming NSW rules apply.

Enquiries: Lorraine Wuth (Phone 02 6231 0017) or email lwuth@hups.net



The ACT Government assists Swimming ACT through Sport and Recreation Services