

2017 ACT Winter Distance Series



Sunday 30 April 2017

AIS Swimming Hall, Bruce ACT

Warm up: in the non competition end of the pool throughout the development meet

First Event: Following the development meet. The start time will be posted on the Swimming ACT website and notified to clubs on Thursday 27 April.

Event #	Event	Qualifying Time	Alternate Distance Qualifying Time
60	BLOCK 1: 9 & over 200m Butterfly	See below	
61	BLOCK 1: 9 & over 200m Backstroke	See below	
62	BLOCK 1: 9 & over 200m Breaststroke	See below	
63 & 63A	11 & over 400m Individual Medley	6:26.50	3:23.50 for 200m
64 & 64A	9 & over 400m Freestyle	5:55.00	3:17.00 for 200m
65 & 65A	13 & over 1500m Freestyle	20:36.00	11:42.00 for 800m
66 & 66A	11 & over 800m Freestyle	11:42.00	5:55.00 for 400m
67	BLOCK 2: 9 & over 200m Butterfly	See below	
68	BLOCK 2: 9 & over 200m Backstroke	See below	
69	BLOCK 2: 9 & over 200m Breaststroke	See below	

Age as at 30 April 2017

Entries close 10:00pm on Tuesday 25 April 2017

Entries: Online entries (see notes below).

\$6.00 per event.

Entry times can be long course or short course times.

Swimmers are limited to two events.

Swimmers should only enter one event per 200m form stroke block as heats may be combined.

NOTE 200m events: 100m times are being used as the qualifying times to enter the 200m events. The following qualifying times apply:

Girls	13 & O	12	11	10	9
Backstroke	1:26.50	1:29.50	1:35.50	1:42.50	1:48.00
Breaststroke	1:41.00	1:43.00	1:49.00	1:59.00	2:03.00
Butterfly	1:27.00	1:29.50	1:37.00	1:47.00	1:50.00
Boys	13 & O	12	11	10	9
Backstroke	1:24.00	1:29.00	1:35.50	1:41.00	1:48.00
Breaststroke	1:36.00	1:42.00	1:50.50	1:59.00	2:06.50
Butterfly	1:23.00	1:29.50	1:37.00	1:45.00	1:55.00

Each swimmer must provide at least 1 official (i.e. lap turning/timekeeper) where their parent/s is not already officiating at the meet.

There will be four meets in the 2017 ACT Winter Distance Series - all at the AIS:
 Meet 1: Sunday 30 April
 Meet 2: Sunday 4 June
 Meet 3: Sunday 23 July
 Meet 4: Sunday 20 August

The distance meets will be swum following each of the Winter Development Series Meets.

NOTE Events 63 to 66: These events appear twice in the online entry system. Firstly as the actual event with the associated qualifying time, then as the event number followed by an A where the swimmer is entering using the alternate distance qualifying time. For example, 66A 11 & over 400m freestyle is actually the 800m freestyle entered using the 400m qualifying time of 5:55.00. Similarly, 65A 13 & over 800m freestyle is the 1500m event entered using the 800m qualifying time of 11:42.00. Please ensure that you enter the correct event for the distance you intend to swim i.e. if you intend to swim the 800m freestyle you need to enter either event 66 or 66A.

Normal pool entry applies to swimmers and spectators.

Swimming ACT approved. Swimming NSW rules apply.

Enquiries: Lorraine Wuth (Phone 02 6231 0017) or email lwuth@hups.net



The ACT Government assists Swimming ACT through Sport and Recreation Services