

ACT Heats – Sunday 10 February 2019
Incorporating the ACT 8 & under Championships
Tuggeranong Lakeside Leisure Centre, Greenway, ACT

Warm Up 8:30am, Start 9:30am

Online entries (see Swimming ACT website for the link).
 Unregistered swimmers are most welcome (see below for entry details)
 Entries close 10:00pm on Tuesday 5 February 2019

BOYS	GIRLS	AGE		STROKE
1	2	13 years	50m	Freestyle
3	4	12 years	50m	Freestyle
5	6	11 years	50m	Freestyle
7	8	10 years	50m	Freestyle
9	10	9 years	50m	Freestyle
11	12	8 & under #	50m	Freestyle
13	14	13 years	50m	Breaststroke
15	16	12 years	50m	Breaststroke
17	18	11 years	50m	Breaststroke
19	20	10 years	50m	Breaststroke
21	22	9 years	50m	Breaststroke
23	24	8 & under #	50m	Breaststroke
33	34	13 years	50m	Backstroke
35	36	12 years	50m	Backstroke
37	38	11 years	50m	Backstroke
39	40	10 years	50m	Backstroke
41	42	9 years	50m	Backstroke
43	44	8 & Under #	50m	Backstroke
45	46	13 years	50m	Butterfly
47	48	12 years	50m	Butterfly
49	50	11 years	50m	Butterfly
51	52	10 years	50m	Butterfly
53	54	9 years	50m	Butterfly
55	56	8 & Under #	50m	Butterfly

- Age as at 2 February 2019
- Entry fee: \$6 per event
- Any swimmer who has qualified for the 2019 National Age Championships (excluding MC & Open Water) is ineligible to compete in the Series
- Any swimmer who won a medal in an individual event at the 2018/19 NSW State Age Championships is ineligible to compete in the stroke in which they won the medal
- Swimmers do not need to be registered with a club to compete in the heats. However registration is a requirement to contest the finals
- Up to four (4) swimmers per event will be eligible to compete in the finals in Sydney on Saturday 9 March 2019.
- Enquiries to Lorraine Wuth email lwuth@hups.net

AGE AS AT 2 FEBRUARY, 2019

Swimmers must be 8 years or older on 2 February 2019 and must submit a completed Speedo Sprint Series Consideration Request Form to the Awards Table no later than the conclusion of the ACT Relay Championships if they want to be considered for the Finals (being held in Sydney Saturday 9 March). Forms will be available at the Awards Table.

Unregistered swimmers

Swimmers who are not a member of a swimming club may enter the Speedo Sprint Series Heats. To enter, send an email to lwuth@hups.net with the following details: swimmers given and family name, sex, date of birth and the events to be entered: breaststroke, backstroke, butterfly, freestyle. Payments to be made at the Recording Table on the day of the meet

8 & under Championships

The ACT Championships for registered swimmers aged 8 & under (age as at 2 February 2019) will be determined using the results of the 8 & under events swum at this meet. Championship medals will be awarded to the first three placed registered swimmers in events 11, 12, 23, 24, 43, 44, 55 and 56.