



## 2019 ACT CHAMPIONSHIPS

1 - 3 February 2019

AIS Swimming Complex,  
Bruce ACT

## Entry and Meet Rules

Age as at 2 February 2019

Entries: \$7.50 per event.

Online entries only. Entry link on Swimming ACT website.

Entries close at 10:00 pm on Friday 25 January 2019.

**Entry times:** Fastest official long course (LC) or short course (SC) times achieved since 1 January 2018.

SC times will be seeded after LC times.

*Championship events:* entry times must be equal to or faster than the applicable Qualifying Time. See the 2019 ACT Championships Qualifying Time tables.

*MC Championship events:* a swimmer must hold a current Multi Class classification for the given stroke and have an official time (LC or SC) recorded for that event.

*Non Championship events:* a swimmer who has not achieved the Championship qualifying time (either LC or SC) for a given stroke and distance since 1 January 2018 can enter the equivalent Non Championship event provided they have an official time for that event achieved since 1 January 2018.

*Minimum age for open events:* unless otherwise specified, is 9 year of age

Swimming NSW Rules apply.

Normal pool entry fees apply.

The Meet Director reserves the right to amend program if necessary.

Enquiries to Lorraine Wuth:

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Friday 1 February Warm Up 6:00pm, Start 6:45pm					
M	W	Dist.	Stroke	Division	Age
1	2	200m	Individual Medley	Championship	11-12
3	4			Championship	13 & Over
5	6			MC Champs	9 & Over
7	8			Non Champ	13 & Over
9	10			Non Champ	11-12
11	12	400m	Freestyle	Championship	9 & Over
13	14			MC Champs	9 & Over

Saturday 2 February Warm Up 10:00am, Start 11:00am					
M	W	Dist.	Stroke	Division	Age
15	16	200m	Butterfly	Championship	9 & Over
17	18	50m	Backstroke	Non Champ	9-12
19	20			Non Champ	13 & Over
21	22			MC Champs	9 & Over
23	24			Championship	9 & Over
25	26	100m	Freestyle	Non Champ	9-12
27	28			Championship	9-12
29	30			Non Champ	13 & Over
31	32			MC Champs	9 & Over
33	34			Championship	13 & Over
35	36	200m	Backstroke	Championship	9 & Over
37	38	50m	Butterfly	Non Champ	9-12
39	40			Non Champ	13 & Over
41	42			MC Champs	9 & Over
43	44			Championship	9 & Over
45	46	100m	Breaststroke	Non Champ	9-12
47	48			Championship	9-12
49	50			Non Champ	13 & Over
51	52			MC Champs	9 & Over
53	54			Championship	13 & Over
55	56	200m	Individual Medley	Non Champ	9-10
57	58			Championship	9-10
59		1500m	Freestyle	Championship	14 & Over
61		800m	Freestyle	Championship	11-13
	62	800m	Freestyle	Championship	11 & Over

Sunday 3 February Warm Up 8:30am, Start 9:30am					
M	W	Dist.	Stroke	Division	Age
63	64	400m	Individual Medley	Championship	9 & Over
65	66	50m	Breaststroke	Non Champ	9-12
67	68			Non Champ	13 & Over
69	70			MC Champs	9 & Over
71	72			Championship	9 & Over
73	74	100m	Butterfly	Non Champ	9-12
75	76			Championship	9-12
77	78			Non Champ	13 & Over
79	80			MC Champs	9 & Over
81	82			Championship	13 & Over
83	84	200m	Breaststroke	Championship	Open
85	86	50m	Freestyle	Non Champ	9-12
87	88			Championship	9-12
89	90			Non Champ	13 & Over
91	92			MC Champs	9 & Over
93	94			Championship	13 & Over
95	96	100m	Backstroke	Non Champ	9-12
97	98			Championship	9-12
99	100			Non Champ	13 & Over
101	102			MC Champs	9 & Over
103	104			Championship	13 & Over
105	106	200m	Freestyle	Championship	9 & Over

Notes :

The Championships are open to registered swimmers who are first claim members of a Swimming ACT affiliated club.

The 8 & under Championship events will be swum in conjunction with the Speedo Sprint heats on Sunday 10 February 2019.

The ACT Government assists  
Swimming ACT through  
Sport and Recreation Services

Version: 20 December 2018

## 2019 Swimming ACT Championships

*The Championships* are open to all swimmers registered as first claim members of clubs affiliated with Swimming ACT.

*MC events* are open to swimmers who hold a current MC classification for the given stroke.

The inclusion of Non Championship events, in addition to ACT Championship events, is to enable as many swimmers as possible to participate in this meet.

Non Championship 50m Backstroke, Breaststroke and Butterfly events are open to swimmers aged 9 years and over who have not achieved the Open ACT qualifying time.

Event 59 is limited to competitors aged 14 and over. Event 61 is limited to male competitors aged 11 to 13 years. Event 62 is limited to female competitors aged 11 and over. Competitors in event 62 aged 14 and over will have the option of swimming through to 1500m.

### **IMPORTANT NOTE: Online entry considerations**

Where both a Championship and Non Championship event is listed in the program, the online entry system will only display a single event. Entries will be split into Championship and Non Championship events after entries close. The most up to date time will be extracted for this purpose.

### **Awards**

**Championship events:** Medals presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placegetters provided the qualifying time is achieved with

- 9, 10, 11, 12, 13, 14 years and 15 & over medals awarded in 100m events, 50m freestyle and 200m individual medley
- 9-10, 11-12, 13-14 and 15 & over medals awarded in the 200m freestyle
- 9-12, 13-14 and 15 & over medals awarded in the 200m backstroke, breaststroke and butterfly and 400m freestyle
- 11-14 and 15 & over medals awarded in the 400m individual medley
- All other events - one set of medals per event

**MC Championship events:** Medals presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> swimmers.

**Non Championship events:** Awards presented to the 1st, 2nd, 3rd placegetters, with separate awards for 9, 10, 11 and 12 years and 13 & over.

### **Swimming ACT 2019 Age Champions**

Points awarded to the first eight finishing competitors for each age group (8&U, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18&O) in Championship events. Points only awarded if the qualifying time (where applicable) is achieved.

Points: 1st -35, 2nd - 30, 3rd - 26, 4th - 23, 5th - 20, 6th - 17, 7th - 14 and 8th - 11.

**ACT Age Champions (male and female) will be determined as follows:**

**8&U Age Champions** - 8&U Age Champions (boys and girls) will be determined using the 50m Freestyle, Backstroke, Breaststroke and Butterfly events swum as part of the Speedo Sprint Series ACT heats.

**9-18&O Age Champions (9, 10, 11, 12, 13, 14, 15, 16, 17 and 18&O) and MC Champion (Open)** - The **Age Champions** (boys and girls) will be determined using the seven (7) highest points gained Championship events, provided the swimmer competed in at least five (5) events. The **MC Champions** (male and female) will be determined using the seven (7) highest pointing MC events for that swimmer from points gained in MC events.

## 2019 ACT Championships - Qualifying Times

<b>GIRLS</b>		<b>15&amp;O</b>	<b>14yrs</b>	<b>13yrs</b>	<b>12yrs</b>	<b>11yrs</b>	<b>10yrs</b>	<b>9yrs</b>	<b>8&amp;U</b>
<b>FREE</b>	<b>50m</b>	33.00	33.00	33.50	35.00	36.50	38.50	45.00	NT
	<b>100m</b>	1:10.50	1:11.00	1:12.00	1:14.50	1:18.50	1:23.50	1:41.00	
	<b>200m</b>	2:33.00	2:33.00	2:36.00	2:43.00	2:50.50	3:04.00	3:42.50	
	<b>400m</b>	5:23.50	5:25.50	5:33.50	5:41.00	6:15.00	6:45.00	6:45.00	
	<b>800m</b>	10:58.00	11:06.50	11:11.00	11:11.00	11:11.00			
<b>BACK</b>	<b>50m</b>	36.30							NT
	<b>100m</b>	1:22.00	1:22.00	1:22.50	1:26.00	1:30.00	1:36.50	1:45.00	
	<b>200m</b>	2:58.00	2:59.00	2:59.50	3:07.00	3:16.00	3:32.00	3:51.00	
<b>BREAST</b>	<b>50m</b>	41.80							NT
	<b>100m</b>	1:34.50	1:34.50	1:35.50	1:38.50	1:45.00	1:51.00	2:06.00	
	<b>200m</b>	3:25.00	3:27.00	3:28.50	3:34.00	3:45.50	4:04.00	4:37.50	
<b>FLY</b>	<b>50m</b>	34.10							NT
	<b>100m</b>	1:19.00	1:19.00	1:21.50	1:25.50	1:30.00	1:39.00	1:53.00	
	<b>200m</b>	3:01.50	3:04.50	3:08.00	3:18.00	3:24.50	3:38.00	4:09.00	
<b>IM</b>	<b>200m</b>	2:56.00	2:55.00	2:59.50	3:05.00	3:14.00	3:25.50	3:50.00	
	<b>400m</b>	6:06.50	6:14.00	6:14.00	6:47.00	6:47.00			

<b>BOYS</b>		<b>15&amp;O</b>	<b>14yrs</b>	<b>13yrs</b>	<b>12yrs</b>	<b>11yrs</b>	<b>10yrs</b>	<b>9yrs</b>	<b>8&amp;U</b>
<b>FREE</b>	<b>50m</b>	30.00	30.50	32.00	34.50	36.50	38.00	45.00	NT
	<b>100m</b>	1:04.50	1:06.00	1:09.50	1:13.00	1:17.50	1:22.50	1:41.00	
	<b>200m</b>	2:22.00	2:25.00	2:32.00	2:40.50	2:49.00	3:04.00	3:42.50	
	<b>400m</b>	5:04.50	5:08.00	5:21.00	5:29.00	6:12.00	6:45.00	6:45.00	
	<b>800m</b>			11:11.00	11:11.00	11:11.00			
	<b>1500m</b>	20:04.50	20:21.00						
<b>BACK</b>	<b>50m</b>	33.60							NT
	<b>100m</b>	1:15.00	1:16.50	1:20.50	1:26.00	1:30.00	1:35.00	1:45.00	
	<b>200m</b>	2:47.00	2:47.00	2:55.00	3:06.00	3:13.50	3:29.50	3:51.00	
<b>BREAST</b>	<b>50m</b>	36.90							NT
	<b>100m</b>	1:27.00	1:27.00	1:32.50	1:38.00	1:44.50	1:50.00	2:06.00	
	<b>200m</b>	3:10.00	3:13.50	3:19.50	3:31.00	3:44.50	4:02.00	4:37.50	
<b>FLY</b>	<b>50m</b>	30.60							NT
	<b>100m</b>	1:11.50	1:13.50	1:17.50	1:24.00	1:30.00	1:39.00	1:53.00	
	<b>200m</b>	2:46.00	2:52.00	2:59.50	3:13.50	3:23.50	3:38.00	4:09.00	
<b>IM</b>	<b>200m</b>	2:41.50	2:44.00	2:51.50	3:04.50	3:14.00	3:24.50	3:50.00	
	<b>400m</b>	5:46.50	5:55.50	6:03.00	6:46.00	6:46.00			

A swimmer who has not achieved the Championship qualifying time for a given stroke and distance in a long course or short course swim since 1 January 2018 can enter the equivalent Non Championship event. A swimmer who has not achieved a recognised time for a given stroke and distance in a long course or short course swim since 1 January 201 can enter the Non Championship event for that stroke and distance provided they have an officially recognised time for that event achieved since 1 January 2018.

An MC swimmer may enter an MC event provided they have an officially recognised time for that event (long or short course) achieved since 1 January 2018.