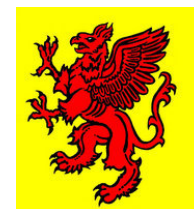




2018 Burley Griffin Long Course Qualifying Meet



Saturday 22 and Sunday 23 September 2018

SATURDAY 22 SEPTEMBER – Venue AIS					
WARMUP 11.00 AM START 12.00 Noon					
Event No.		Age	Event	Qualifying Time	
M	F			M	F
1	2	Open**	400m Freestyle**	See below	
3	4	10 & Under	100m Butterfly	1:48.00	1:49.00
5	6	11 & 12	100m Butterfly	1:38.50	1:38.50
7	8	13 & 14	100 Backstroke	1:27.50	1:30.00
9	10	15 & Over	200m Freestyle	2:35.00	2:47.00
11	12	11 & Under	50m Breaststroke	54.00	54.50
13	14	Open ^{###}	50m Butterfly ^{###}	See below	
15	16	14 & Under	200m Backstroke	3:31.00	3:33.50
17	18	15 & Over	200m Backstroke	3:02.50	3:14.50
19	20	10 & Under	100m Breaststroke	2:00.00	2:01.00
21	22	11 & 12	100m Breaststroke	1:55.00	1:55.00
23	24	13 & 14	100m Breaststroke	1:41.00	1:44.50
25	26	15 & Over	100m Breaststroke	1:35.00	1:43.00
27	28	10 & Under	50m Freestyle	41.50	42.00
29	30	11 & 12	50m Freestyle	39.50	39.50
31	32	13 & 14	50m Freestyle	35.00	36.50
33	34	15 & Over	50m Freestyle	33.00	36.00
35	36	10 & Under	100m Backstroke	1:44.00	1:45.00
37	38	13 & 14	100m Butterfly	1:24.50	1:29.50
39	40	11 & 12	100m Backstroke	1:38.50	1:38.50
41	42	15 & Over	200m Butterfly	3:01.00	3:18.00
43	44	14 & Under	200m Breaststroke	4:05.00	4:06.00
45	46	15 & Over	200m IM	2:57.50	3:12.00

SUNDAY 23 SEPTEMBER – Venue AIS					
WARMUP 8.30 AM START 9.30 AM					
Event No.		Age	Event	Qualifying Time	
M	F			M	F
47	48	Open	400 IM	6:36.00	6:48.00
49	50	10 & Under	100m Freestyle	1:30.00	1:31.00
51	52	14 & Under	200m Butterfly	3:42.00	3:43.50
53	54	15 & Over	100m Freestyle	1:11.00	1:17.00
55	56	Open	50m Backstroke ^{###}	See below	
57	58	11 & Under	50m Butterfly	48.50	49.00
59	60	15 & Over	100m Butterfly	1:18.50	1:26.50
61	62	13 & 14	200 IM	3:08.50	3:15.50
63	64	11 & 12	200 IM	3:32.00	3:32.00
65	66	Open	50m Breaststroke ^{###}	See below	
67	68	11 & Under	50m Backstroke	46.50	47.50
69	70	14 & Under	200m Freestyle	3:04.00	3:06.00
71	72	15 & over	100m Backstroke	1:21.50	1:29.50
73	74	10 & Under	200 IM	3:43.00	3:44.50
75	76	11 & 12	100m Freestyle	1:24.50	1:26.00
77	78	13 & 14	100m Freestyle	1:15.50	1:18.50
79	80	15 & Over	200m Breaststroke	3:27.00	3:44.00

****400m Freestyle qualifying times**
 Swimmers who have achieved either a 200m or 400m qualifying time may enter the 400m Freestyle.
 Use events 101/102 to enter if using a 200m time to qualify

	200m		400m	
	M	F	M	F
12 & Under	3:04.00	3:06.00	6:50.00	6:50.00
13 & 14	2:45.50	2:50.50	5:50.50	6:03.50
15 & Over	2:35.00	2:47.00	5:32.50	5:53.00

###50m Form stroke qualifying times

Male	Back	Breast	Fly
12 & Under	44.00	50.60	41.80
13 & 14	39.60	42.40	35.20
15 & Over	36.60	40.20	33.40
Female	Back	Breast	Fly
12 & Under	44.00	50.60	41.80
13 & 14	41.80	46.20	38.00
15 & Over	39.60	45.60	37.90

Venue is the Australian Institute of Sport, Leverrier Crescent, Bruce ACT. (02) 6214 1281
It is an AIS requirement that swimming caps be kept on at all times whilst in the water.



Entry Conditions and Information



Entries Close:

10:00pm Wednesday **12 September 2018**

The Meet Director may stop accepting entries prior to the advertised closing date if the number of entries exceeds timeline requirements. Entries will be accepted on a first come first served basis.

Entry times

Swimmers enter on their fastest official long course time. Short course times will be accepted. Swimmers submitting short course times will be seeded after swimmers submitting long course times.

Entries:

Online entries available via link at <http://burleygriffin.swimming.org.au/> and Swimming ACT website www.swimmingact.com.au

Refunds will be given only if a swimmer withdraws prior to the advertised closing date for entries and only if requested by email prior that date to lwuth@hups.net

Inquiries:

email to lwuth@hups.net or phone Lorraine (02) 62310017

Entry Fee: \$7.50 per event

Age as at 22 September 2018.

Awards

Medals for the first three male and female place-getters in each event, with exceptions as follows:

- 100m events: medals for 10 & Under, 11, 12, 13, 14, 15 & Over
- Events 15 & 16, 43 & 44, 51 & 52 and 69 & 70 (200m 14 & under stroke events): medals for 12 & Under and 13-14

Notes

All events will be swum as timed finals.

Slowest male and female heats may be combined.

Starting over the top at the Meet Director's discretion.

The Meet Director reserves the right to amend the program as circumstances require.

Free entry for officials (visiting officials please indicate availability to assist with the running of the meet).

Full electronic timing used, however assistance with timekeeping from Clubs is essential.

Normal AIS pool entry fees for competitors and spectators apply per day.

It is a requirement of the AIS that swimmers must wear caps at all times when they are in the pool.

All interstate competitors must obtain clearance from their respective State Associations and submit via email to lwuth@hups.net prior to entries closing.

Warm down lanes will be available subject to lane availability in the 25m pool. Further information will be provided in the Meet program.

No late entries or time trials.

The meet will be conducted under the Rules of Swimming NSW and has been approved by Swimming ACT.