

Saturday Warm up 10:00am Start 11:00am			
M	W	Event	Division
1	2	14 & Under 400m Freestyle	ACT
3	4	15 & Over 400m Freestyle	ACT
5	6	10 & Under 100m Breaststroke	ACT
7	8	11-12 100m Breaststroke	Intermediate
9	10	11 years 100m Breaststroke	ACT
11	12	12 years 100m Breaststroke	ACT
13	14	Open MC 100m Freestyle	ACT
15	16	13 & Over 100m Freestyle	Intermediate
17	18	13 years 100m Freestyle	ACT
19	20	14 years 100m Freestyle	ACT
21	22	15 & Over 100m Freestyle	ACT
27	28	11 years 50m Backstroke	ACT
25	26	10 & Under 50m Backstroke	ACT
23	24	10 & Under 50m Backstroke	Intermediate
29	30	Open 50m Butterfly	ACT
31	32	9-12 200m Butterfly	ACT
33	34	13-14 200m Backstroke	ACT
35	36	15 & Over 200m Backstroke	ACT
37	38	10 & Under 100m Freestyle	ACT
39	40	11-12 100m Freestyle	Intermediate
41	42	11 years 100m Freestyle	ACT
43	44	12 years 100m Freestyle	ACT
45	46	Open MC 100m Breaststroke	ACT
47	48	13 & Over 100m Breaststroke	Intermediate
49	50	13 years 100m Breaststroke	ACT
51	52	14 years 100m Breaststroke	ACT
53	54	15 & Over 100m Breaststroke	ACT
59	60	11 years 50m Butterfly	ACT
57	58	10 & Under 50m Butterfly	ACT
55	56	10 & Under 50m Butterfly	Intermediate
61	62	Open 50m Backstroke	ACT
63	64	9-12 200m Backstroke	ACT
65	66	13-14 200m Butterfly	ACT
67	68	15 & Over 200m Butterfly	ACT
69	70	10 & Under 200m IM	ACT
73	74	Open 100m IM	ACT
Sunday Warm up 8:15am Start 9:15am			
M	W	Event	Division
75	76	11-14 400m IM	ACT
77	78	15 & Over 400m IM	ACT
79	80	10 & Under 200m Freestyle	ACT
81	82	11-12 years 200m Freestyle	ACT
83	84	13-14 years 200m Freestyle	ACT
85	86	15 & Over 200m Freestyle	ACT
87	88	10 & Under 100m Butterfly	ACT
89	90	11-12 years 100m Butterfly	Intermediate
91	92	11 years 100m Butterfly	ACT
93	94	12 years 100m Butterfly	ACT
95	96	Open MC 100m Backstroke	ACT
97	98	13 & Over 100m Backstroke	Intermediate
99	100	13 years 100m Backstroke	ACT
101	102	14 years 100m Backstroke	ACT
103	104	15 & Over 100m Backstroke	ACT
109	110	11 years 50m Breaststroke	ACT
107	108	10 & Under 50m Breaststroke	ACT
105	106	10 & Under 50m Breaststroke	Intermediate
111	112	Open 50m Breaststroke	ACT
113	114	11-12 years 200m IM	ACT
115	116	13-14 years 200m IM	ACT
117	118	15 & Over 200m IM	ACT
119	120	10 & Under 100m Backstroke	ACT
121	122	11-12 years 100m Backstroke	Intermediate
123	124	11 years 100m Backstroke	ACT
125	126	12 years 100m Backstroke	ACT
127	128	Open MC 100m Butterfly	ACT
129	130	13 & Over 100m Butterfly	Intermediate
131	132	13 years 100m Butterfly	ACT
133	134	14 years 100m Butterfly	ACT
135	136	15 & Over 100m Butterfly	ACT
137	138	9-12 200m Breaststroke	ACT
139	140	13-14 200m Breaststroke	ACT
141	142	15 & Over 200m Breaststroke	ACT
143	144	10 & Under 50m Freestyle	Intermediate
145	146	10 & Under 50m Freestyle	ACT
147	148	11-12 years 50m Freestyle	Intermediate
149	150	11 years 50m Freestyle	ACT
151	152	12 years 50m Freestyle	ACT
153	154	Open MC 50m Freestyle	ACT
155	156	13 & Over 50m Freestyle	Intermediate
157	158	13 years 50m Freestyle	ACT
159	160	14 years 50m Freestyle	ACT
161	162	15 & Over 50m Freestyle	ACT

### ENTRY AND MEET RULES

Entries: \$7.50 per event

Age as at 11 August 2018

**Online entries only:** Entries open 11 June 2018. Entries close 10:00pm 1 August 2018.

Entries available via links on the Swimming ACT web site ([www.swimmingact.com.au](http://www.swimmingact.com.au)).

**Entries from visiting (non-SACT) Clubs will be capped at 1500 entries. Entries will be accepted on a first come first served basis.**

Refunds will be given only if a swimmer withdraws via email to [lwuth@hups.net](mailto:lwuth@hups.net) prior to the advertised closing date for entries.

**Note:** Swimmers enter using their best official short or long course (unconverted) time since 1 April 2017.

Refer to the 2018 ACT Championships Qualifying Times Table for relevant qualifying times.

Where a swimmer enters an Intermediate event but subsequently achieves an ACT event qualifying time they will automatically be moved to the ACT event.

A swimmer is only permitted to swim in one event (ACT or Intermediate) for each distance and stroke.

Multi-Class (MC) events are open to swimmers who hold a current MC classification for the given stroke and have an official short or long course time for that event achieved since 1 April 2017.

**No Late Entries and No Time Trials.**

Swimming NSW Rules apply.

Normal AIS pool entry fees apply.

**Medals** will be presented to the 1st, 2nd, 3rd placegetters, in each event.

**THE MEET DIRECTOR RESERVES THE RIGHT TO AMEND PROGRAM IF NECESSARY.**

Enquiries to Lorraine Wuth: [lwuth@hups.net](mailto:lwuth@hups.net)

**A CHAMPIONSHIP TROPHY WILL BE AWARDED TO THE FIRST PLACED SACT CLUB**



## 2018 ACT Short Course Championships Qualifying Times Table

Event	Male Open	Male 15 & Over	Male 14 Years	Male 13 Years	Male 12 Years	Male 11 Years	Male 10 & Under	Female Open	Female 15 & Over	Female 14 Years	Female 13 Years	Female 12 Years	Female 11 Years	Female 10 & Under
<b>Freestyle</b>														
50m		29.00	29.50	31.00	33.00	34.50	36.50		31.50	32.00	32.50	33.50	34.50	37.00
100m		1:02.00	1:04.50	1:07.50	1:11.50	1:16.00	1:20.50		1:08.00	1:08.00	1:10.00	1:13.00	1:16.00	1:21.50
200m		2:16.50	2:21.00	2:26.50	2:36.00	2:45.00	2:49.00		2:29.50	2:28.50	2:31.50	2:37.00	2:45.00	2:51.00
400m		4:57.00	5:02.00	5:07.00	5:25.50	5:25.50	5:25.50		5:17.50	5:19.00	5:22.00	5:30.00	5:30.00	5:30.00
<b>Backstroke</b>														
50m	33.00					40.50	43.00	35.00					40.50	43.50
100m		1:12.00	1:13.50	1:17.00	1:22.00	1:27.00	1:32.50		1:18.50	1:18.00	1:19.00	1:22.50	1:27.50	1:34.00
200m		2:40.50	2:43.00	2:48.50	2:58.00	3:06.00	3:14.50		2:50.00	2:51.00	2:52.00	2:59.00	3:07.50	3:17.50
<b>Breaststroke</b>														
50m	37.50					46.50	50.00	39.00					47.00	50.00
100m		1:23.00	1:26.00	1:31.00	1:34.50	1:41.00	1:48.00		1:30.00	1:30.00	1:32.50	1:34.50	1:40.00	1:48.00
200m		3:01.50	3:06.00	3:12.50	3:20.00	3:33.50	3:47.00		3:14.50	3:14.00	3:19.00	3:26.50	3:38.00	3:47.00
<b>Butterfly</b>														
50m	30.50					39.00	42.00	33.00					39.00	41.50
100m		1:11.00	1:12.50	1:16.00	1:22.00	1:29.00	1:37.00		1:18.00	1:18.00	1:20.00	1:23.00	1:29.00	1:38.00
200m		2:41.50	2:50.50	2:52.50	3:02.50	3:12.50	3:23.50		2:51.50	2:54.00	2:56.00	3:07.00	3:13.50	3:26.00
<b>IM</b>														
100m	1:11.50							1:18.50						
200m		2:36.00	2:39.00	2:45.00	2:55.50	3:05.50	3:16.00		2:48.50	2:48.50	2:51.00	2:57.00	3:06.50	3:14.50
400m		5:24.50	5:30.00	5:35.50	5:43.00	5:43.00			5:52.00	5:52.00	5:54.00	5:54.00	5:54.00	

## Intermediate Division Qualifying Times - must be equal to or faster than the QT but slower than the ACT SC Championships QT (see above)

Event	Male 15 & O	Male 14 years	Male 13 years	Male 12 Years	Male 11 years	Male 10 & U	Female 15 & O	Female 14 years	Female 13 years	Female 12 Years	Female 11 Years	Female 10 & U
<b>Freestyle</b>	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m
<i>Qual. Time</i>	33.50	33.50	33.50	36.00	37.50	39.50	35.50	35.50	35.50	36.50	37.50	40.50
	100m	100m	100m	100m	100m		100m	100m	100m	100m	100m	
<i>Qual. Time</i>	1:12.50	1:12.50	1:12.50	1:17.00	1:23.00		1:16.00	1:16.00	1:16.00	1:18.50	1:23.00	
<b>Backstroke</b>	100m	100m	100m	100m	100m	50m	100m	100m	100m	100m	100m	50m
<i>Qual. Time</i>	1:24.00	1:24.00	1:24.00	1:29.00	1:35.00	47.00	1:26.50	1:26.50	1:26.50	1:29.50	1:35.50	47.50
<b>Breaststroke</b>	100m	100m	100m	100m	100m	50m	100m	100m	100m	100m	100m	50m
<i>Qual. Time</i>	1:36.00	1:36.00	1:36.00	1:42.00	1:50.50	54.50	1:41.00	1:41.00	1:41.00	1:43.00	1:49.00	54.50
<b>Butterfly</b>	100m	100m	100m	100m	100m	50m	100m	100m	100m	100m	100m	50m
<i>Qual. Time</i>	1:23.00	1:23.00	1:23.00	1:29.50	1:37.00	45.50	1:27.00	1:27.00	1:27.00	1:29.50	1:37.00	45.00