

Saturday Warm up 10:00am Start 11:00am			
M	W	Event	Division
1	2	14 & Under 400m Freestyle	ACT
3	4	15 & Over 400m Freestyle	ACT
5	6	10 & Under 100m Breaststroke	ACT
7	8	11-12 100m Breaststroke	Intermediate
9	10	11 years 100m Breaststroke	ACT
11	12	12 years 100m Breaststroke	ACT
13	14	Open MC 100m Freestyle	ACT
15	16	13 & Over 100m Freestyle	Intermediate
17	18	13 years 100m Freestyle	ACT
19	20	14 years 100m Freestyle	ACT
21	22	15 & Over 100m Freestyle	ACT
23	24	11 years 50m Backstroke	ACT
25	26	10 & Under 50m Backstroke	ACT
27	28	10 & Under 50m Backstroke	Intermediate
29	30	Open 50m Butterfly	ACT
31	32	9-12 200m Butterfly	ACT
33	34	13-14 200m Backstroke	ACT
35	36	15 & Over 200m Backstroke	ACT
37	38	10 & Under 100m Freestyle	ACT
39	40	11-12 100m Freestyle	Intermediate
41	42	11 years 100m Freestyle	ACT
43	44	12 years 100m Freestyle	ACT
45	46	Open MC 100m Breaststroke	ACT
47	48	13 & Over 100m Breaststroke	Intermediate
49	50	13 years 100m Breaststroke	ACT
51	52	14 years 100m Breaststroke	ACT
53	54	15 & Over 100m Breaststroke	ACT
55	56	11 years 50m Butterfly	ACT
57	58	10 & Under 50m Butterfly	ACT
59	60	10 & Under 50m Butterfly	Intermediate
61	62	Open 50m Backstroke	ACT
63	64	9-12 200m Backstroke	ACT
65	66	13-14 200m Butterfly	ACT
67	68	15 & Over 200m Butterfly	ACT
69	70	10 & Under 200m IM	ACT
73	74	Open 100m IM	ACT
Sunday Warm up 8:15am Start 9:15am			
M	W	Event	Division
75	76	11-14 400m IM	ACT
77	78	15 & Over 400m IM	ACT
79	80	10 & Under 200m Freestyle	ACT
81	82	11-12 years 200m Freestyle	ACT
83	84	13-14 years 200m Freestyle	ACT
85	86	15 & Over 200m Freestyle	ACT
87	88	10 & Under 100m Butterfly	ACT
89	90	11-12 years 100m Butterfly	Intermediate
91	92	11 years 100m Butterfly	ACT
93	94	12 years 100m Butterfly	ACT
95	96	Open MC 100m Backstroke	ACT
97	98	13 & Over 100m Backstroke	Intermediate
99	100	13 years 100m Backstroke	ACT
101	102	14 years 100m Backstroke	ACT
103	104	15 & Over 100m Backstroke	ACT
105	106	11 years 50m Breaststroke	ACT
107	108	10 & Under 50m Breaststroke	ACT
109	110	10 & Under 50m Breaststroke	Intermediate
111	112	Open 50m Breaststroke	ACT
113	114	11-12 years 200m IM	ACT
115	116	13-14 years 200m IM	ACT
117	118	15 & Over 200m IM	ACT
119	120	10 & Under 100m Backstroke	ACT
121	122	11-12 years 100m Backstroke	Intermediate
123	124	11 years 100m Backstroke	ACT
125	126	12 years 100m Backstroke	ACT
127	128	Open MC 100m Butterfly	ACT
129	130	13 & Over 100m Butterfly	Intermediate
131	132	13 years 100m Butterfly	ACT
133	134	14 years 100m Butterfly	ACT
135	136	15 & Over 100m Butterfly	ACT
137	138	9-12 200m Breaststroke	ACT
139	140	13-14 200m Breaststroke	ACT
141	142	15 & Over 200m Breaststroke	ACT
143	144	10 & Under 50m Freestyle	Intermediate
145	146	10 & Under 50m Freestyle	ACT
147	148	11-12 years 50m Freestyle	Intermediate
149	150	11 years 50m Freestyle	ACT
151	152	12 years 50m Freestyle	ACT
153	154	Open MC 50m Freestyle	ACT
155	156	13 & Over 50m Freestyle	Intermediate
157	158	13 years 50m Freestyle	ACT
159	160	14 years 50m Freestyle	ACT
161	162	15 & Over 50m Freestyle	ACT

ENTRY AND MEET RULES

Entries: \$7.00 per event

Age as at 5 August 2017

Online entries only: Close 10:00pm 25 July 2017

Entries available via links on the Swimming ACT web site (www.swimmingact.com.au).

Entries from visiting (non-SACT) Clubs will be capped at 1500 entries. Entries will be accepted on a first come first served basis.

Refunds will be given only if a swimmer withdraws via email to lwuth@hups.net prior to the closing date for entries.

Note: Swimmers enter using their best official short or long course (unconverted) time since 1 April 2016.

Refer to the 2017 ACT Championships Qualifying Times Table for relevant qualifying times.

Where a swimmer enters an Intermediate event but subsequently achieves an ACT event qualifying time they will automatically be moved to the ACT event.

A swimmer is only permitted to swim in one event (ACT or Intermediate) for each distance and stroke.

Multi-Class (MC) events are open to swimmers who hold a current MC classification for the given stroke and have an official short or long course time for that event achieved since 1 April 2016.

No Late Entries and No Time Trials.

Swimming NSW Rules apply.

Normal AIS pool entry fees apply.

Medals will be presented to the 1st, 2nd, 3rd placegetters, in each event.

THE MEET DIRECTOR RESERVES THE RIGHT TO AMEND PROGRAM IF NECESSARY.

Enquiries to Lorraine Wuth: lwuth@hups.net

A CHAMPIONSHIP TROPHY WILL BE AWARDED TO THE FIRST PLACED SACT CLUB



2017 ACT Short Course Championships Qualifying Times Table

Event	Male Open	Male 15 & Over	Male 14 Years	Male 13 Years	Male 12 Years	Male 11 Years	Male 10 & Under	Female Open	Female 15 & Over	Female 14 Years	Female 13 Years	Female 12 Years	Female 11 Years	Female 10 & Under
Freestyle														
50m		29.00	29.50	31.00	33.00	34.50	37.00		31.50	32.00	32.50	33.50	34.50	37.00
100m		1:02.00	1:04.50	1:07.50	1:11.50	1:16.00	1:20.50		1:08.00	1:09.00	1:10.00	1:13.50	1:16.00	1:21.50
200m		2:16.50	2:21.00	2:26.50	2:36.00	2:45.00	2:49.00		2:29.50	2:28.50	2:31.50	2:37.00	2:44.50	2:51.00
400m		5:02.50	5:02.50	5:02.50	5:13.50	5:13.50	5:13.50		5:17.00	5:17.00	5:17.00	5:25.50	5:25.50	5:25.50
Backstroke														
50m	33.00					40.50	43.00	35.00					40.50	43.50
100m		1:12.00	1:13.50	1:17.00	1:22.00	1:27.50	1:32.50		1:18.50	1:18.50	1:19.00	1:22.50	1:27.50	1:34.00
200m		2:40.50	2:43.00	2:48.50	2:58.00	3:06.00	3:14.00		2:50.00	2:51.00	2:52.50	2:59.00	3:07.50	3:17.50
Breaststroke														
50m	37.50					46.50	50.00	39.00					47.00	50.00
100m		1:22.50	1:26.00	1:31.00	1:34.50	1:41.00	1:49.00		1:30.50	1:30.00	1:32.50	1:34.50	1:40.00	1:49.00
200m		3:01.50	3:06.00	3:12.50	3:20.00	3:33.50	3:49.00		3:14.50	3:14.00	3:19.00	3:26.50	3:38.00	3:49.00
Butterfly														
50m	30.50					39.00	42.00	33.00					39.00	41.50
100m		1:10.00	1:12.50	1:16.00	1:22.00	1:29.00	1:37.00		1:18.00	1:18.00	1:20.00	1:23.00	1:29.00	1:38.00
200m		2:41.50	2:50.50	2:52.50	3:02.50	3:12.50	3:23.50		2:51.50	2:54.00	2:56.00	3:07.00	3:13.50	3:26.00
IM														
100m	1:11.50							1:18.50						
200m		2:34.00	2:39.00	2:45.00	2:55.50	3:05.50	3:16.00		2:48.50	2:48.50	2:51.00	2:57.00	3:06.50	3:14.50
400m		5:35.50	5:35.50	5:35.50	5:43.00	5:43.00			5:52.00	5:52.00	5:52.00	5:54.00	5:54.00	

Intermediate Division Qualifying Times - must be equal to or faster than the QT but slower than the ACT SC Championships QT (see above)

Event	Male 15 & O	Male 14 years	Male 13 years	Male 12 Years	Male 11 years	Male 10 & U	Female 15 & O	Female 14 years	Female 13 years	Female 12 Years	Female 11 Years	Female 10 & U
Freestyle	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m	50m
<i>Qual. Time</i>	33.50	33.50	33.50	36.00	37.50	40.00	35.50	35.50	35.50	36.50	37.50	40.50
	100m	100m	100m	100m	100m		100m	100m	100m	100m	100m	
<i>Qual. Time</i>	1:12.50	1:12.50	1:12.50	1:17.00	1:23.00		1:16.00	1:16.00	1:16.00	1:18.50	1:23.00	
Backstroke	100m	100m	100m	100m	100m	50m	100m	100m	100m	100m	100m	50m
<i>Qual. Time</i>	1:24.00	1:24.00	1:24.00	1:29.00	1:35.50	47.00	1:26.50	1:26.50	1:26.50	1:29.50	1:35.50	47.50
Breaststroke	100m	100m	100m	100m	100m	50m	100m	100m	100m	100m	100m	50m
<i>Qual. Time</i>	1:36.00	1:36.00	1:36.00	1:42.00	1:50.50	54.50	1:41.00	1:41.00	1:41.00	1:43.00	1:49.00	54.50
Butterfly	100m	100m	100m	100m	100m	50m	100m	100m	100m	100m	100m	50m
<i>Qual. Time</i>	1:23.00	1:23.00	1:23.00	1:29.50	1:37.00	45.50	1:27.00	1:27.00	1:27.00	1:29.50	1:37.00	45.00