



Canberra Club Christmas Classic
Saturday 10th and Sunday 11th December 2011
AIS Swimming Complex, Bruce ACT



LONG COURSE QUALIFYING MEET

SATURDAY 10 th DECEMBER 2011						SUNDAY 11 th DECEMBER 2011					
WARM UP 9.45am START 10.45am						WARM UP 8.30 am START 9.30am					
Number		Age	Event	Q/Time		Number		Age	Event	Q/Time	
M	F			Male	Female	M	F			Male	Female
1	2	13yrs & o	200m Freestyle	See QTs below		49	50	12yrs & u	200m Backstroke	See QTs below	
3	4	10yrs&u	50m Butterfly	48.50	49.50	51	52	13yrs & o	200m Backstroke	See QTs below	
5	6	11/12yrs	50m Butterfly	44.50	44.50	53	54	10yrs&u	50m Breaststroke	54.00	54.50
7	8	13/14yrs	50m Butterfly	38.50	40.50	55	56	11/12yrs	50m Breaststroke	52.00	52.00
9	10	15yrs & o	50m Butterfly	35.50	39.00	57	58	13/14yrs	50m Breaststroke	45.50	47.00
11	12	Open	400m IM	See QTs below		59	60	15yrs & o	50m Breaststroke	43.00	46.50
13	14	12yrs&u	200m Freestyle	See QTs below		61	62	Open	400m Freestyle	See QTs below	
15	16	13/14yrs	100m Breaststroke	1:41.00	1:44.50	63	64	10yrs & u	200m IM	3:43.00	3:44.50
17	18	15yrs & o	100m Breaststroke	1:35.00	1:42.50	65	66	11/12yrs	200m IM	3:32.00	3:32.00
19	20	10yrs & u	100m Breaststroke	2:00.00	2:01.00	67	68	10yrs & u	100m Butterfly	1:48.00	1:49.00
21	22	11/12yrs	100m Breaststroke	1:55.50	1:55.00	69	70	11/12yrs	100m Butterfly	1:38.50	1:38.50
23	24	13/14yrs	200m IM	3:08.50	3:16.00	71	72	13/14yrs	100m Butterfly	1:24.50	1:29.50
25	26	15yrs & o	200m IM	2:57.50	3:12.00	73	74	15yrs & o	100m Butterfly	1:18.50	1:26.50
27	28	10yrs&u	50m Freestyle	41.50	42.00	75	76	10yrs&u	50 Backstroke	47.00	47.50
29	30	11/12yrs	50m Freestyle	39.50	39.50	77	78	11/12yrs	50 Backstroke	45.00	45.50
31	32	13/14yrs	50m Freestyle	35.00	36.50	79	80	Open	Splash for Cash	Invitation only	
33	34	15yrs & o	50m Freestyle	33.00	36.00	81	82	13/14yrs	50 Backstroke	39.00	40.50
35	36	Open	200m Butterfly	See QTs below		83	84	15yrs & o	50 Backstroke	37.00	40.50
37	38	10yrs&u	100m Backstroke	1:44.00	1:45.00	85	86	12yrs & u	200m Breaststroke	See QTs below	
39	40	11/12yrs	100m Backstroke	1:38.50	1:38.50	87	88	13yrs & o	200m Breaststroke	See QTs below	
41	42	13/14yrs	100m Backstroke	1:27.50	1:30.00	89	90	10yrs & u	100m Freestyle	1:30.00	1:31.00
43	44	15yrs & o	100m Backstroke	1:21.50	1:29.50	91	92	11/12yrs	100m Freestyle	1:25.00	1:26.00
45	10yrs&u	4 x 50m medley relay (mixed)				93	94	13/14yrs	100m Freestyle	1:15.50	1:19.00
46	11/12yrs	4 x 50m medley relay (mixed)				95	96	15yrs & o	100m Freestyle	1:11.00	1:17.50
47	13/14yrs	4 x 50m medley relay (mixed)				97	10yrs&u	4 x 50m freestyle relay (mixed)			
48	15yrs & o	4 x 50m medley relay (mixed)				98	11/12yrs	4 x 50m freestyle relay (mixed)			
					99	13/14yrs	4 x 50m freestyle relay (mixed)				
					100	15yrs & o	4 x 50m freestyle relay (mixed)				

SPLASH FOR CASH! Male and female swimmers with 8 fastest freestyle times achieved at the meet will be invited to swim these events. Entry is free. 1st prize \$100, 2nd \$50, 3rd \$25 (no medals).

Swimming NSW rules apply, Swimming ACT approved. The Meet Director reserves the right to vary the program or conditions.

MEDALS: Medals will be awarded for both age groups in dual age group events, i.e., 11/12 and 13/14 years. One set of medals for all other events. For relay events only gold medals will be presented (one to each swimmer in the fastest team in each event).

ABOUT THE AIS: The AIS facility is an 8 lane pool with full electronic timing. Entry fees are payable for competitors and spectators. There is ample free parking available on-site. **Seating is limited and visiting families and clubs are encouraged to bring marquees and folding chairs that can be set up in the outdoor area.**

AIS ACCESS: All Clubs should note that access to the AIS is tightly controlled outside the advertised Meet times. The AIS will not grant access prior to 9.30am on Saturday, 10 December and 8.00am on Sunday, 11 December. The AIS will require anyone arriving before these times to wait outside the front entrance.

ENTRIES: Electronic entries preferred, email to casracesec@inet.net.au. Meet shell will be available on www.canberra.org.au.

Hard copy entries are not required where entries are submitted electronically, however an entry list report by swimmer with proof of times should be provided with the entries.

Payment by direct debit if possible. The Club bank account details are:

Canberra Amateur Swimming Club Inc
BSB: 062 900 Account No.: 0080 5364 (Commonwealth Bank).

Please put your Club's name in the reference field. One deposit per club please. A copy of the payment receipt should be emailed to casracesec@inet.net.au.

If direct debit is not an option cheques should be made out to Canberra Swimming Club Inc, one cheque per club please. Cheques and hard copy entries (on NSWSA Inc multiple entry card or similar with summary sheet) are to be posted to Race Secretary, PO Box 627, Civic Square, ACT, 2608.

ENTRY FEE: \$5.00 per event. \$15.00 per relay team per event. **Late entries (taken on pool deck only) - \$15 per event – if timeline permits.**

ENTRIES CLOSE: Electronic entries close **2 December 2011**. Hard copy entries close **25 November 2011**. Late entries will only be accepted on pool deck. **Meet organisers may stop accepting entries prior to the advertised closing dates if the number of entries exceeds timeline requirements. Entries will be accepted on a first come first serve basis.**

Relay entries accepted until Event 30 (for Saturday) and Event 82 (for Sunday).

Enquiries: Jeremy Moore on 0401 349 995 or jjrmoore@yahoo.com.au.

Qualifying Times for 200m and 400m individual events: 200m and 400m races will be conducted (and medal awarded) in accordance with the program and advice above. To maximise swimmer's chances of qualifying for these longer events Qualifying Times, by age group, is detailed below:

	15 Years & Over		14 Years		13 Years		12 Years & Under	
	Male	Female	Male	Female	Male	Female	Male	Female
200m Freestyle	02:36.00	02:47.00	02:38.50	02:47.00	02:45.50	02:51.00	02:55.00	02:57.50
400m Freestyle	05:32.50	05:50.50	05:36.00	05:56.50	05:50.50	06:03.50	05:59.00	06:12.00
200m Backstroke	03:02.50	03:13.00	03:03.50	03:15.00	03:13.00	03:17.00	03:23.00	03:24.00
200m Breaststroke	03:27.00	03:43.00	03:31.00	03:45.50	03:38.00	03:48.00	03:50.50	03:53.50
200m Butterfly	03:01.00	03:18.00	03:08.00	03:21.00	03:15.50	03:25.00	03:31.00	03:36.00

	15 Years & Over		14 years		13 Years & Under	
	Male	Female	Male	Female	Male	Female
400m IM	06:18.00	06:39.50	06:27.50	06:48.00	06:36.00	06:48.00