



## 2010 Burley Griffin October 'A' Level Meet

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**Saturday 16 and Sunday 17 October 2010**



**\$250 for each of the 50m Senior Freestyle Skins Events**  
**\$100 for each of the 50m Junior Freestyle Skins Events**

SATURDAY 16 OCTOBER – Venue AIS					
WARMUP 9.45 AM START 10.45 AM					
Event No.		Age	Event	Qualifying Time	
M	F			M	F
1	2	Open	400 I.M	6:40.00	6:51.50
3	4	10 & Under	100m Butterfly	2:04.50	2:04.50
5	6	11 & 12	100m Butterfly	1:39.50	1:40.50
7	8	13 & 14	100 Backstroke	1:28.50	1:32.50
9	10	15 & Over	200m Freestyle	2:37.50	2:49.50
11	12	10 & Under	50m Breaststroke	1:02.50	1:02.50
13	14	11 & 12	50m Breaststroke	53.00	53.00
15	16	13 & 14	50m Butterfly	39.00	41.00
17	18	15 & Over	50m Butterfly	36.00	39.50
19	20	14 & Under	200m Backstroke	4:14.50	4:14.50
21	22	15 & Over	200m Backstroke	3:05.50	3:16.50
23	24	10 & Under	100m Breaststroke	2:19.00	2:19.00
25	26	11 & 12	100m Breaststroke	1:59.50	1:57.00
27	28	13 & 14	100m Breaststroke	1:42.00	1:46.00
29	30	15 & Over	100m Breaststroke	1:36.50	1:44.50
31	32	10 & Under	50m Freestyle	49.50	49.50
33	34	11 & 12	50m Freestyle	40.50	40.50
35	36	13 & 14	50m Freestyle	35.50	37.50
37	38	15 & Over	50m Freestyle	33.00	37.00
39	40	10 & Under	100m Backstroke	1:55.50	1:55.50
41	42	13 & 14	100m Butterfly	1:26.00	1:30.50
43	44	11 & 12	100m Backstroke	1:41.50	1:41.00
45	46	15 & Over	200m Butterfly	3:03.50	3:20.00
47	48	14 & Under	200m Breaststroke	5:05.50	5:05.50
49	50	15 & Over	200m IM	3:17.50	3:34.00

SUNDAY 17 OCTOBER – Venue AIS					
WARMUP 8.45 AM START 9.45 AM					
Event No.		Age	Event	Qualifying Time	
M	F			M	F
51	52	Open**	400m Freestyle**	See below	
53	54	10 & Under	100m Freestyle	1:51.50	1:51.50
55	56	14 & Under	200m Butterfly	4:04.00	4:04.00
57	58	15 & Over	100m Freestyle	1:11.50	1:19.00
<b>59</b>	<b>60</b>	<b>12 &amp; Under</b>	<b>50m Freestyle</b>	<b>SKINS</b>	<b>SKINS</b>
61	62	13 & 14	50m Backstroke	40.00	42.00
63	64	15 & Over	50m Backstroke	38.00	41.00
65	66	10 & Under	50m Butterfly	56.00	56.00
67	68	11 & 12	50m Butterfly	45.00	45.50
69	70	15 & Over	100m Butterfly	1:19.50	1:27.50
71	72	13 & 14	200 I.M	3:10.50	3:18.00
73	74	11 & 12	200 I.M	3:34.00	3:34.00
75	76	15 & Over	50m Breaststroke	43.50	47.00
77	78	13 & 14	50m Breaststroke	46.00	48.00
79	80	11 & 12	50m Backstroke	46.00	45.50
81	82	10 & Under	50m Backstroke	52.00	52.00
<b>83</b>	<b>84</b>	<b>13 &amp; Over</b>	<b>50m Freestyle</b>	<b>SKINS</b>	<b>SKINS</b>
85	86	14 & Under	200m Freestyle	3:21.50	3:23.50
87	88	15 & over	100m Backstroke	1:24.00	1:31.00
89	90	10 & Under	200 I.M	3:45.50	3:47.00
91	92	11 & 12	100m Freestyle	1:27.00	1:27.00
93	94	13 & 14	100m Freestyle	1:16.50	1:20.50
95	96	15 & Over	200m Breaststroke	3:29.00	3:46.50

**400m Freestyle qualifying times Swimmers who have achieved either a 200m or 400m qualifying time may enter the 400m Freestyle.	200m		400m		
	M	F	M	F	
	12 & Under	3:21.50	3:23.50	12 & Under	7:20.00
	13 & 14	2:47.50	2:53.50	13 & 14	5:54.00
15 & Over	2:37.50	2:49.50	15 & Over	5:35.50	

**Senior Skins – male and female: 1<sup>st</sup> \$150; 2<sup>nd</sup> \$70; 3<sup>rd</sup> \$30**  
**Junior Skins – male and female: 1<sup>st</sup> \$50; 2<sup>nd</sup> \$30; 3<sup>rd</sup> \$20**

*To be eligible, swimmers must compete in a minimum of three events, including the 50m Freestyle.*

**The 6 fastest male and 6 fastest female swimmers in the 50m Freestyle events will be invited to compete in the Freestyle Skins.**

Venue is the Australian Institute of Sport, Leverrier Crescent, Bruce ACT. (02) 6214 1281

***It is an AIS requirement that swimming caps be kept on at all times whilst in the water.***



## Entry Conditions and Information



**Entries Close:** Electronic – 9:00pm Wednesday **6 October 2010**  
Manual – Received by Friday **1 October 2010**

**\*\*\*Note\*\*\*** Swimmers achieving qualifying times at the Swimming ACT development meet on Sunday 10 October may submit electronic entries for these events before 9:00pm Monday 11 October 2010. (No upgrades or deletions accepted).

**Entry times** must have been achieved since 1 October 2009.

**Converted times are permitted.**

**Electronic entries preferred** Contact [lwuth@hups.net](mailto:lwuth@hups.net) for meet event file. Cards are **not required** for electronic entries however "Proof of time" report must accompany electronic entries.

**Manual entries and cheques to:**

*Burley Griffin Swimming Club, 13 Hicks St, Red Hill ACT 2603.*  
Manual entries on Multiple Entry Cards with summary sheet.  
Cheques payable to *Burley Griffin Swimming Club Inc* (only one per club please).

**Inquiries:** Email to [lwuth@hups.net](mailto:lwuth@hups.net) or phone 02 62310017

**Entry Fee:** \$5.00 per event.

**Age** as at 16 October 2010.

The meet will be conducted under the Rules of Swimming NSW.

**Awards**

Medals for the first three male and female place-getters as follows:

- 50m & 100m events: 10 & Under; 11; 12; 13; 14; and 15 & Over
- 200m stroke events: 12 & Under; 13 & 14; and 15 & Over
- 200m IM: 10 & Under; 11 & 12; 13 & 14; and 15 & Over
- 400m Freestyle: 12 & Under; 13 & 14; and 15 & Over
- 400m IM: 14 & Under; and 15 & Over

**Notes**

All events will be swum as timed finals.

Slowest male and female heats may be combined.

Starting over the top at the Meet Director's discretion.

The Meet Director reserves the right to amend the program as circumstances require.

Late entries at the discretion of the Meet Director.

Free entry for officials (visiting officials please indicate availability to assist with the running of the meet).

Full electronic timing used, however assistance with timekeeping from Clubs is essential.

Normal AIS pool entry fees for competitors and spectators apply per day.