

## 09 NSW State Open SC Championships - 24/07/2009 to 25/07/2009

### 2009 NSW State Open SC Championships

#### Results by club

	<i>Seed</i>	<i>Final</i>	<i>Place</i>	
Burley Griffin				
1 Nicholas Honey - Male - Age: 16				
#9 Men 100 Back	1:00.27	58.33	(12)	PB
#21 Men 200 Back	2:08.54	2:04.44	(6)	PB
#29 Men 100 Free	55.59	55.42	(54)	PB
#39 Men 50 Back	28.35	27.73	(17)	PB
3 Benjamin Wise - Male - Age: 20				
#9 Men 100 Back	58.05	57.78	(9)	PB
#21 Men 200 Back	2:01.80	2:02.07	(4)	
#39 Men 50 Back	28.65	27.91	(19)	PB
Burley Griffin total PB rate for this meet is: 85.71				

#### Canberra

1 Max Ireland - Male - Age: 20				
#3 Men 50 Breast	28.78	28.82	(2)	
#11 Men 50 Free	24.18	24.20	(30)	
#29 Men 100 Free	53.20	53.30	(34)	
#43 Men 100 Breast	1:04.73	1:04.34	(6)	PB
2 John Warmenhoven - Male - Age: 21				
#9 Men 100 Back	1:02.31	1:02.47	(29)	
#29 Men 100 Free	54.75	55.45	(55)	
#39 Men 50 Back	29.32	29.62	(34)	

Canberra total PB rate for this meet is: 14.29

#### Ginninderra

1 Sarah Baker - Female - Age: 14				
#24 Women 200 Breast	2:38.36	2:36.41	(8)	PB
#44 Women 100 Breast	1:14.88	1:13.50	(7)	PB
2 Patrick Hudson - Male - Age: 16				
#9 Men 100 Back	1:02.66	1:02.31	(28)	PB
#21 Men 200 Back	2:14.55	2:14.91	(22)	
#39 Men 50 Back	28.87	28.81	(26)	PB
3 Meagan Ramsay - Female - Age: 17				
#6 Women 200 IM	2:17.86	2:17.16	(3)	PB
#10 Women 100 Back	1:07.24	1:04.62	(7)	PB
#20 Women 100 IM	1:05.85	1:06.02	(5)	
#24 Women 200 Breast	2:31.94	2:34.02	(7)	
#38 Women 400 IM	4:48.71	4:47.11	(2)	PB
#44 Women 100 Breast	1:13.46	1:13.46	(6)	

Ginninderra total PB rate for this meet is: 63.64

### Queanbeyan Leagues

1 Aiden Wright - Male - Age: 16

#3 Men 50 Breast	32.34	32.54	(35)	
#23 Men 200 Breast	2:37.33	2:40.87	(24)	
#43 Men 100 Breast	1:10.97	1:10.48	(21)	PB

Queanbeyan Leagues total PB rate for this meet is: 33.33

### Telopea

1 Dylan Appelqvist - Male - Age: 17

#1 Men 400 Free	4:15.26	4:10.75	(17)	PB
#5 Men 200 IM	2:17.11	2:16.07	(27)	PB
#23 Men 200 Breast	2:34.26	2:37.61	(21)	
#31 Men 1500 Free	16:30.40	16:07.47	(5)	PB
#37 Men 400 IM	4:49.35	4:43.05	(11)	PB
#41 Men 200 Free	2:01.12	2:04.16	(46)	

2 James Ashurst - Male - Age: 14

#25 Men 50 Fly	27.47	27.89	(44)	
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3 Ayu Barry - Female - Age: 12

#10 Women 100 Back	1:07.98	1:08.39	(34)	
#12 Women 50 Free	27.99	28.14	(41)	
#40 Women 50 Back	31.06	31.71	(29)	

4 Lindsay De Witte - Female - Age: 15

#10 Women 100 Back	1:05.52	1:06.72	(22)	
#12 Women 50 Free	27.47	27.40	(21)	PB
#22 Women 200 Back	2:18.54	2:22.65	(16)	
#30 Women 100 Free	59.84	1:00.16	(25)	
#36 Women 100 Fly	1:07.91	1:10.44	(50)	
#40 Women 50 Back	31.94	31.69	(28)	PB
#42 Women 200 Free	2:09.82	2:10.72	(26)	

5 Heather Middleton - Female - Age: 17

#14 Women 200 Fly	2:24.57	2:24.46	(16)	PB
#22 Women 200 Back	2:26.14	2:24.27	(18)	PB
#40 Women 50 Back	32.25	31.07	(15)	PB

6 Nathan Miller - Male - Age: 16

#9 Men 100 Back	1:02.26	1:02.01	(27)	PB
#13 Men 200 Fly	2:12.23	2:12.73	(26)	
#21 Men 200 Back	2:14.39	2:14.55	(20)	
#25 Men 50 Fly	26.79	27.01	(32)	
#35 Men 100 Fly	57.97	57.78	(20)	PB
#39 Men 50 Back	29.29	29.82	(36)	

7 Ryan Miller - Male - Age: 16

#25 Men 50 Fly	27.89	27.48	(39)	PB
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8 Jessica Traficante - Female - Age: 17

#2 Women 400 Free	4:25.54	4:24.47	(6)	PB
#6 Women 200 IM	2:27.74	2:26.38	(22)	PB
#20 Women 100 IM	1:09.86	1:10.58	(27)	
#28 Women 16-18 400 Free	4:25.54	4:38.48	(10)	
#34 Women 800 Free	9:04.59	9:19.09	(11)	

Relay

	<i>Seed</i>	<i>Final</i>	<i>Place</i>	
1 Telopea - 'A'				
#32 Men 400 Medley Relay	4:13.13	4:15.12	(18)	
Nathan Miller 16, Dylan Appelqvist 17, Ryan Miller 16, James Ashurst 14				
2 Telopea - 'A'				
#33 Women 400 Medley Relay	4:36.19	4:38.88	(13)	
Lindsay De Witte 15, Jessica Traficante 17, Heather Middleton 17, Ayu Barry 12				
3 Telopea - 'A'				
#45 Men 400 Freestyle Relay	3:46.37	3:53.00	(17)	
Ryan Miller 16, James Ashurst 14, Dylan Appelqvist 17, Nathan Miller 16				
4 Telopea - 'A'				
#46 Women 400 Freestyle Relay	4:07.00	4:13.02	(18)	
Jessica Traficante 17, Heather Middleton 17, Ayu Barry 12, Lindsay De Witte 15				
Telopea total PB rate for this meet is: 38.89				

Tuggeranong Vikings

1 Lachlan Colquhoun - Male - Age: 12				
#17 Men 13&U 400 Free	4:35.11	4:31.61	(10)	PB
2 Monique Murphy - Female - Age: 15				
#8 Women 14-15 400 Free	4:40.02	4:36.46	(15)	PB
#26 Women 50 Fly	30.35	30.35	(34)	
#36 Women 100 Fly	1:06.83	1:06.32	(21)	PB
3 Bianca Pitts - Female - Age: 18				
#4 Women 50 Breast	36.33	35.72	(25)	PB
#6 Women 200 IM	2:30.09	2:27.05	(26)	PB
#14 Women 200 Fly	2:27.80	2:31.88	(34)	
#24 Women 200 Breast	2:46.81	2:49.46	(28)	
#36 Women 100 Fly	1:08.45	1:09.35	(47)	
#44 Women 100 Breast	1:16.47	1:17.51	(20)	

Tuggeranong Vikings total PB rate for this meet is: 50

Woden

1 Niall Jacobsen - Male - Age: 18				
#1 Men 400 Free	4:16.43	4:15.29	(19)	PB
#13 Men 200 Fly	2:14.09	2:11.01	(24)	PB
#29 Men 100 Free	55.00	54.19	(44)	PB
#35 Men 100 Fly	1:00.47	59.90	(38)	PB
#41 Men 200 Free	1:59.33	1:55.92	(23)	PB

2 Sean Maloney - Male - Age: 13

#17 Men 13&U 400 Free

4:23.73 4:18.86 (3) PB

3 Hugo Morris - Male - Age: 14

#5 Men 200 IM

2:18.80 2:11.46 (14) PB

#13 Men 200 Fly

2:08.08 2:05.55 (11) PB

#25 Men 50 Fly

27.11 26.70 (26) PB

#29 Men 100 Free

55.23 54.55 (49) PB

#35 Men 100 Fly

58.52 57.82 (21) PB

Woden total PB rate for this meet is: 100